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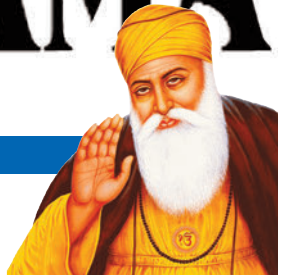
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**WE WISH OUR READERS A HAPPY GURU NANAK BIRTH ANNIVERSARY**



## New York attacker is a 'soldier of the caliphate,' says ISIS

**Trump demands death penalty for the attacker**

Donald J. Trump ?@realDonaldTrump

NYC terrorist was happy as he asked to hang ISIS flag in his hospital room. He killed 8 people, badly injured 12. SHOULD GET DEATH PENALTY!  
11:43 PM - Nov 1, 2017



**NEW YORK (TIP):** The driver who plowed down pedestrians and cyclists on a New York bike path is a "soldier of the caliphate," the ISIS terror group said on its weekly newspaper.



The attack Tuesday, October 31, killed eight people and left more than a dozen others injured.

"One of the Islamic State soldiers in America, attacked on Tuesday a number of crusaders on a street in New York City, near the monument of those who perished in the 11th of September incursion," the al-Naba newspaper reported Thursday, November 2.

US President Donald Trump on Thursday, November 2, reiterated his call that the Uzbek immigrant accused of killing eight persons when he drove a truck down a New York City bike path should get the death penalty.

The suspect, Sayfullo Saipov, told investigators he was inspired by watching Islamic State videos and began planning Tuesday's attack a year ago, according to a criminal complaint filed against him on Wednesday.

Saipov, 29, also said "he felt good about what he had done" and asked for permission to display the flag of the militant group Islamic State in his hospital room, the complaint said.

Trump on Wednesday had suggested sending Saipov to the Guantanamo Bay military prison in Cuba where multiple detainees are held, but on Thursday said that move would have been too complicated.

Saipov faces two charges, one of which carries the death penalty if the government chooses to seek it, Manhattan acting US Attorney Joon Kim said.

*contd on Page 32*

## House Republicans Unveil Massive Tax Cut Plan

Speaker of the House Paul Ryan and Chairman of the House Ways and Means Committee Kevin Brady unveiled legislation to overhaul the tax code



**WASHINGTON (TIP):** House Republicans unveiled their long-awaited tax cut legislation on Thursday, November 2, after having delayed it by one day, kicking off a fight that many in

the GOP believe they must win to preserve their congressional majorities in the midterm elections next year.

House Speaker Paul Ryan, R-Wis., and GOP tax writers put forward a bill that

would trim the number of tax brackets, while raising the standard deduction from \$6,350 to \$12,000 for individuals and from \$12,700 to \$24,000 for married couples.

*contd on Page 32*

## Dina Wadia, Mohammad Ali Jinnah's only child, dies in New York



**NEW YORK (TIP):** Dina Wadia, daughter of Pakistan's founder Mohammad Ali Jinnah, passed away peacefully at her home in New York on Thursday, November 2, family sources said in Mumbai. She was 98.

Further details were not immediately available.

Dina, who had married Bombay-based Parsi businessman Neville Wadia over her father's objection and stayed back in India after Partition, is survived by her daughter Diana N Wadia, son Nusli N Wadia, her grandsons Ness and Jeh Wadia and two great grandchildren Jah and Ella Wadia.

## Powell is Trump's Pick to succeed Yellen as Fed chair

**WASHINGTON (TIP):** President Donald Trump nominated Jerome Powell to succeed Janet Yellen as Fed Chair. Yellen's term expires in February 2018. Trump made the announcement during a Thursday, November 2 afternoon ceremony in the Rose Garden.

Powell led a diverse field of potential nominees that included former Governor Kevin Warsh, Stanford economist John Taylor, chief Trump economic advisor Gary Cohn and Yellen herself.

Yellen's term has been marked by a mostly uninterrupted bull market that began in March 2009 and low interest rates even as the Fed has sought to unwind the stimulus initiated during the crisis. "Today is an important milestone on the path to restoring economic opportunity to the American people,"

*contd on Page 32*



Powell takes over as Fed Chair after Yellen's term ends in February 2018



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## INDIAN AMERICAN NAVIN SINGH'S STUDY FINDS SILICONE IMPLANTS FOR BREAST SAFE

WASHINGTON  
DC (TIP):

Washingtonian Plastic Surgery (WPS) announced, October 18, the promising results of a long-term silicone implant safety study, co-written by WPS CEO and founder Dr. Navin Singh, M.D., M.B.A. (lead author) and published in the most recent issue of the peer-reviewed journal "Plastic and Reconstructive Surgery," the official journal of the American Society of Plastic Surgeons.



The study follows 55,279 female patients receiving primary augmentation, revision augmentation, primary reconstruction or revision-reconstruction using Natrelle round silicone breast implants. Over a five-year period, researchers compared these women's results with national norms and outcomes for patients with saline implants, including any adverse effects that may have been found during postoperative follow-up care.

Although silicone implants were approved by the FDA in 2006, concerns about their safety have persisted among patients after a scare in the 1990s that proved to be scientifically unsound, according to Dr. Singh. His report marks the halfway point of a planned ten-year follow-up evaluation of the patient sample. The FDA requires each manufacturer of breast implant products to conduct such studies. Dr. Singh is the head of the data safety monitoring board (DSMB) that contributed to the design of the study. The longitudinal, thorough evaluation is intended to find complications, including exceedingly rare complications, making it necessary for researchers to follow a large sample of women who had breast implantation surgery for a variety of reasons.

The results at the five-year point are optimistic. "None of the targeted adverse outcomes, including cancers, connective tissue diseases, neurologic diseases or suicides and suicide attempts occurred at significantly higher rates in women with silicone implants compared with national norms and women with saline implants," the authors state. "These findings add to the growing body of evidence confirming the positive long-term safety profile of silicone breast implants."

Patients seeking breast augmentation surgery have more options now than ever—whether it be shape, size, feel or material. "Patients can now feel confident of the safety record behind silicone implants when making the decision on which implant is best for them," said Dr. Singh. "With the results of this study, I can say wholeheartedly that scientific evidence establishes that these implants we've always felt to be safe, are indeed very, very safe."

**ABOUT DR. NAVIN SINGH:** Dr. Navin Singh is a double Board-Certified plastic surgeon in private practice and an Assistant Professor of Plastic Surgery in the Johns Hopkins University School of Medicine. He is also a clinical assistant professor of Neurosurgery as well as Gynecology because of his extensive experience in reconstruction of neurologic and gynecologic structures. He has surgical experience across five continents and around the world. He is the CEO and founder of Washingtonian Plastic Surgery based in the Washington D.C. metro area from offices in Chevy Chase, Maryland and McLean, Virginia.

## Indian American Congresswoman Tulsi Gabbard Keynotes Bipartisan U.S.-India Conference, Honored with National Service Award



Rep Tulsi Gabbard speaking at  
Bipartisan U.S. - India Conference

WASHINGTON (TIP): This evening in Washington, Rep. Tulsi Gabbard delivered a keynote address at the Indian American Friendship Council's (IFAC) 20th Annual Legislative Conference. The congresswoman, a member of the House Foreign Affairs Asia-Pacific Subcommittee and the Democratic Co-Chair of the bipartisan Congressional Caucus on India and Indian Americans, spoke about bipartisan support behind strengthening mutually beneficial economic ties, building upon the existing U.S.-India security framework and a shared fight against terrorism, and expanding educational opportunities between the U.S. and India. Other speakers included the U.S.



Rep. Tulsi Gabbard and others at the Conference

Ambassador to the United Nations, Nikki Haley, Foreign Affairs Committee Chair Ed Royce, Democrat Ranking Member Elliot Engel, and fellow lawmakers.

The congresswoman was recognized with IFAC's National Service Award for her leadership in strengthening the U.S.-India partnership. Most recently in Hawai'i, the congresswoman has worked with state and local leaders to initiate a Sister-State relationship between Hawai'i and Goa, which will be formalized later this year.

Rep. Tulsi Gabbard said, "Over the years, the U.S. and India have made great strides in strengthening our important relationship, from cooperating in education to business to

counterterrorism and so much more. As co-chair of the Congressional Caucus on India and Indian Americans and through my work on the House Armed Services and Foreign Affairs Committees, I'm working to strengthen the friendship and bonds that our two nations already share, and to encourage new opportunities for growth. The Indian American Friendship Council's work to promote mutual exchange of knowledge and ideas, further understanding between elected leaders and those in the private sector, and provide a voice to the more than three million Indian Americans living in the United States has furthered this progress and expanded the U.S.-India relationship for the benefit of both countries and their citizens."

## Indian American Samip 'Sam' Joshi runs for Edison Township Council

EDISON, NJ (TIP): Indian American financial executive Samip 'Sam' Joshi is among the six candidates running for the three, four-year terms available for the Edison Township Council in New Jersey in the upcoming election.

Joshi, a newcomer, will face Republican candidates Larry Deutchman, Wayne Mascola and Maria Orchid along with incumbents Robert Diehl, and Alvaro Gomez in November election.

According to a report by centraljersey.com, Joshi, who has been a lifelong resident of the township, is running for the council for the first time.

The 28-year-old candidate is the Executive Vice President at SD Capital Funding (mortgage financing firm); and Co-Founder of student loan refinancing firm Loanscribe.

Joshi holds a bachelor's degree in political science and labor studies from Rutgers University and earned an MBA in marketing through the Rutgers University Executive Education Program.

Though Joshi is running for the first



Samip 'Sam' Joshi is the Executive Vice  
President at SD Capital Funding and Co-  
Founder of student loan refinancing  
firm Loanscribe. Photo / LinkedIn

time, he has been serving the Edison Township community from 2004 with his participation in the Edison Youth Service Corps. In 2006, he was an intern in the Mayor's office and later worked in the Municipal Court Violations Bureau.

From 2010-14, he served on the town's

Fair Rental Housing Board and, for the past year, on the Zoning Board of Adjustment.

"I am running for Township Council to represent the short and long-term interests of our community," he was quoted as saying in the report. "I believe my combined experience in business and continuous local activism will bring a unique perspective to the Township Council."

Joshi puts forward the idea of redeveloping the neighborhood nearest to the Edison Train Station, at Plainfield and Central Avenues, which will trigger the economic growth of the township. According to Joshi, attracting commercial investment will reduce the tax burden on residential property owners.

"There is a sufficient amount of underused property to develop or redevelop the area into a commercial marketplace. Attracting more commercial and small businesses and property tax revenue to Edison is a necessary step to help relieve the tax burden on residential property owners," Joshi said.



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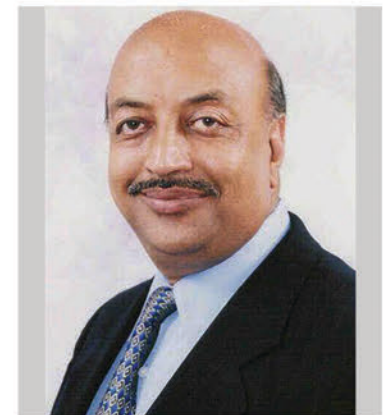
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# NYC Comptroller Scott Stringer hosts Diwali Celebrations; Honors Three Community Organizations

**NEW YORK CITY (TIP):** New York City Comptroller Scott Stringer hosted Diwali celebrations on October 25 when 3 leading community service organizations were honored for their services. The honored organizations included Chhaya Community Development Corporation (CDC), Federation of Indigenous Peoples of Nepal, and South Asian Council For Social Services.

The customary prayers were offered by Pandit Manoj Jadubans, followed by the Diya lighting ceremony. At hand were Comptroller Scott Stringer, Dr. Neeta Jain, District Leader, Assembly District NY - 25, Neeta Bhasin, President and CEO of ASB Communications, who introduced the Comptroller and a large number of guests.

In his remarks, the Comptroller described Diwali as a celebration of good over evil and noted it was a major festival of India. He offered his greetings to Indian American community on the occasion. He spoke of the tremendous contribution of Indian American community to the growth of New York and the US in general.

Queens College Bhangra Knights gave a thrilling performance of Bhangra which is a folk dance of Punjab, and a rage all over the world.

**Here is a brief biography of Honorees.**

## CHHAYA COMMUNITY DEVELOPMENT CORPORATION (CDC)

Chhaya CDC was founded in 2000 to advocate for the housing needs of New York City's South Asian community. Chhaya's



Honorees holding Commendations with NYC Comptroller Scott Stringer (second from left)

mission is to work with New Yorkers of South Asian origin to advocate for and build economically stable, sustainable, and thriving communities.

Chhaya carries out this work in several ways, including free direct services, education, community organizing, and research and policy advocacy. Our work encompasses tenant rights, financial capacity and asset building, sustainable homeownership, civic engagement, immigration, and broader community building and research and advocacy around community needs.

By focusing on core areas of housing and economic development—the basic necessities



Neeta Bhasin (extreme left) who introduced the Comptroller is seen with honorees



A view of the gathering

essential to one's stability—Chhaya is able to impact a range of social outcomes, including education, financial well-being, civic participation, and community pride. Through our work, Chhaya aims to develop a framework that will achieve long-term stability for New Yorkers of South Asian origin, giving them the tools and resources that will enable them to create positive, lasting change in their lives.

## FEDERATION OF INDIGENOUS PEOPLES OF NEPAL

Federation of Indigenous Peoples of Nepal in America (FIPNA) is a not for profit organization registered in the State of New York since 2005. Its headquarters are in the City of New York and its wings are extended to various cities and states in the United States. FIPNA is a federal organization comprising of 18 indigenous Nepali community organizations in New York and beyond. The primary purposes of FIPNA are to preserve and promote the indigenous cultures of Nepali communities and help enrich the diversity of the City of New York. FIPNA also participates and advocates for the immigrants' rights in the city and help in the empowerment of the Nepali communities in the mainstreaming process.

In coordination with the member organizations FIPNA hosts a couple of events each year which have significant impacts upon its communities and the city we live in. FIPNA hosts and leads the mega event Nepal Day Parade each year in the City of New York which helps the Nepali communities feel proud of for the diversity of the city. FIPNA is one of the major immigrants' rights organizations who have advocated and

endorsed the Citizenship Fund proposed by the NYC Comptroller, Honorable Scott M. Stringer. Nepal Indigenous Film Festival is another mega event hosted annually by FIPNA to observe Nepali cultural heritages in New York.

**For further information please visit: [www.fipnausa.org](http://www.fipnausa.org)**

## SOUTH ASIAN COUNCIL FOR SOCIAL SERVICES

South Asian Council for Social Services, SACSS was founded in 2000, with the mission to empower underserved South Asians and other immigrants to actively engage in the economic and civic life of New York. While SACSS, started as a healthcare and social services agency it has grown and adapted to the changing needs of the population it serves. In the last 17-years SACSS has emerged as a gateway to new immigrants who are trying to gain a foothold in their new socioeconomic environment. Through services in the areas of Healthcare Access, Benefits and Senior Services, South Asian Food Pantry, English and Computer Classes and Civic Engagement, the organization assists immigrants to become self-reliant. Over 5,000 clients are served every year by staff that is culturally competent and speaks 11 South Asian languages (Hindi, Urdu, Gujarati, Punjabi, Bengali, Kannada, Telegu, Tamil, Malayalam, Nepali and Marathi) and Spanish and Creole.

In July 2016 SACSS started the first and only South Asian Food Pantry in New York City. In just one-year, the pantry has grown to serve 1,007 clients. This program addresses the issue of hunger and food insecurity among the underserved by ensuring clients receive food that is culturally palatable.

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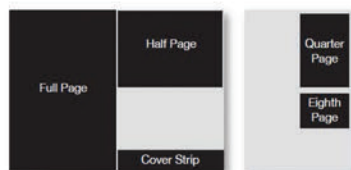


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## GUEST COMMENT

## Terror strikes NY, again; City mourns while politicians posture

The worst terrorist attack in New York after the 9/11 tragedy came on Tuesday. Eight persons were killed and 12 injured when a rented pickup truck ran them down in a bicycle lane, in Lower Manhattan. The driver, Sayfullo Saipov, was shot at and arrested shortly afterwards. He is an immigrant from Uzbekistan, and the killing is believed to have been inspired by the ISIS, even though not explicitly claimed by the terrorist organization.

As the story of the immigrant-turned-terrorist unfurls, we see an alienated, frustrated, rootless man who was unable to adjust to life in the US. Yet, he managed to earn and provide for a family that he raised there. There is also the disturbing picture of how his frustrations took a violent hue and how he turned radical over a period of time. He was, allegedly, on the radar of the authorities and his conduct had raised concerns even among the preachers at one of the mosques he used to frequent.

Trump lost little time in blaming the Diversity Visa Lottery program under which Saipov had migrated to the US. Trump also said that he would consider sending Saipov to the military prison at Guantanamo Bay, Cuba. The President was unnecessarily critical of the federal justice system, which has delivered hundreds of convictions of terrorists since 9/11. Even as the law enforcement agencies and the justice system work in sync to bring the terror suspect to justice, New Yorkers, and Americans in general, have shown the will to weather this unfortunate "new normal" in the life in America. As for the right-wing "nativists", the message to them would be the same as was affirmed by the White House Press Secretary after the killings in Las Vegas by a US-born white terrorist: "There's a time and place for political debate, but now is a time to unite as a country."

(Tribune India)

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### AS I SEE IT

## Trapped in the nuclear web: The challenges India faces



By G Parthasarathy

Led by the US and Soviet Union, the five Permanent Members of the UN Security Council tried to ensure, some five decades ago, that they alone had the divine right to possess nuclear weapons in perpetuity, with the signing of the nuclear Non-Proliferation Treaty (NPT). Their nuclear arsenals steadily increased and pleas for nuclear disarmament arrogantly disregarded. The world nuclear scenario today is now different to what the five envisaged. Nuclear stockpiles have steadily grown. In the past few decades, Israel, Pakistan, India and North Korea have joined the "nuclear club". Others like Japan and Iran are capable of doing so when needed. There are an estimated 14,900 nuclear warheads in nine countries, with 93 per cent of these in the possession of the US and Russia.

While China tested and acquired nuclear weapons in the 1960s, the next country to acquire nuclear weapons was Pakistan, which commenced its quest for nuclear weapons after the 1971 Bangladesh conflict. India crossed the nuclear threshold only after it received a veiled nuclear threat from Pakistan during tensions over military exercises named "Operation Brasstacks" in January 1987. Instructions were issued in 1988 to nuclear scientist PK Iyengar and scientific adviser VS Arunachalam to assemble a nuclear arsenal. India's distinguished strategic thinker, K Subrahmanyam, provided the strategic rationale for the nuclear weapons program. India decisively demonstrated its nuclear weapons capabilities 10 years later, with the Pokhran tests. Pakistan predictably followed suit, barely a fortnight later.

India is today confronted with a situation where China has not only provided Pakistan with designs and equipment for manufacturing nuclear weapons, but has also given Pakistan the knowhow and materials for manufacturing missiles capable of carrying nuclear weapons to every part of India, including the Andaman Islands. While these facts are known to those involved inside and outside the government in monitoring nuclear developments, it is astonishing that public knowledge on this crucial issue is limited. Sadly, it has never been debated seriously in Parliament. Surely, the public and Parliament need to know more on these issues, to promote awareness of the challenges the nation faces from two hostile neighbors working together dangerously. American nuclear analyst Gary Milhollin has perceptively noted: "If you subtract China's help from Pakistan's nuclear program, there is no Pakistani nuclear weapons program."

While Zulfikar Ali Bhutto moved to establish a nuclear weapons capability within weeks of the Bangladesh conflict, his prison memoirs suggest that he was guaranteed of Chinese assistance after

“ Though Pakistan has not enunciated a formal nuclear doctrine, its then head of strategic planning division of its nuclear command authority, Lt-Gen Khalid Kidwai, had averred that Pakistan's nuclear weapons were "aimed solely at India". Kidwai added that Pakistan would use nuclear weapons if India conquers a large part of Pakistani territory, or destroys a large part of its land and air forces. Kidwai also held out the possibility of using nuclear weapons if India tries to "economically strangulate" Pakistan, or pushes it to political destabilization", says the author.

his meeting with Chairman Mao in 1976. China, with antiquated uranium enrichment facilities, benefited from designs stolen by AQ Khan from European (URENCO) enrichment facilities. By the early 1980s, China was providing Pakistan designs for nuclear weapons. China currently has approximately 280 nuclear warheads for delivery by 150 land-based and 48 sea-based missiles and fighter aircraft. While India is estimated to possess 110-120 nuclear warheads, Pakistan has 130-140 nuclear warheads, designed for delivery by ballistic and cruise missiles and aircraft. Experts estimate that Pakistan's stockpile could potentially grow to 220-250 warheads by 2025, making it the world's fifth-largest nuclear weapons state. Pakistan's missiles, with ranges up to 2,750 km, are all of Chinese design and produced at the National Defence Complex facilities in the Kala Chitta Dhar mountain range to the west of Islamabad. The development, production and test launching of missiles is done at locations south of Attock, using road mobile Chinese-designed missile launchers, produced in Fatehjang.

According to former US Air Force Secretary Thomas Reed, himself a designer of nuclear weapons at America's Los Alamos Laboratories: "The Chinese did a massive training of Pakistani (nuclear) scientists, brought them to China for lectures, even gave the design of the CHIC-4 device, which was a weapon that was easy to build as a model for export. There is evidence that AQ Khan used Chinese designs for his nuclear designs. Notes from those lectures later turned up in Libya. And the Chinese did similar things for the Saudis, North Koreans and Algerians." The great champions of nuclear non-proliferation in the US, who lectured India for decades on non-proliferation, covered up and did nothing to curb these Chinese activities. Pakistan is also known to have received liquid-fueled ballistic missiles from North Korea in exchange for information on uranium enrichment, in a deal evidently undertaken with Chinese blessings.

Though Pakistan has not enunciated a formal nuclear doctrine, its then head of strategic planning division of its nuclear command authority, Lt-Gen Khalid Kidwai, had averred that

Pakistan's nuclear weapons were "aimed solely at India". Kidwai added that Pakistan would use nuclear weapons if India conquers a large part of Pakistani territory, or destroys a large part of its land and air forces. Kidwai also held out the possibility of using nuclear weapons if India tries to "economically strangulate" Pakistan, or pushes it to political destabilization. India has declared that it will not be the first to use nuclear weapons and will use nuclear weapons only if its territory or armed forces face an attack anywhere, in which nuclear, chemical or biological weapons are used. Since India has no desire to conquer large parts of Pakistani territories or destroy its armed forces, there is no possibility of India provoking a nuclear conflict. But, given Kidwai's utterances about a "full spectrum" deterrent, involving the use of tactical nuclear weapons, issued after he retired, New Delhi has to carefully review nuclear strategy imaginatively, bearing in mind that our "no first use" doctrine has served us well internationally.

It is obvious, especially after Xi Jinping's recent enunciation of Chinese global ambitions at the Party Congress, that missile and nuclear proliferation by China to Pakistan will continue in its efforts to "contain" India. Pakistan has already tested a sea-based missile and China is set to strengthen Pakistan's navy with substantial supply of submarines and frigates. China appears determined to use Pakistan as its stalking horse for its maritime ambitions to promote its OBOR projects in the Indian Ocean. The most crucial challenge we now face is how to deal with a jingoistic China, for which "containing" India has been a continuing strategic effort for over four decades now. Balancing Chinese power necessarily involves developing partnerships with others across the Indo-Pacific region. China's policies are multi-faceted, and Beijing will likely avoid open hostility, even as it continues to keep up pressures along its borders with India and uses proxies across India's immediate neighborhood to keep India tied up in South Asia. These issues will, hopefully, be reviewed and discussed in Parliament.

(The author is a career diplomat)



# Sardar Patel, a shared inheritance



By Gopalkrishna  
Gandhi

"The Congress's de-option of Patel was an error, Hindutva's co-option of Patel is an execration", says the author.



Soon after the Indian Independence, 565 princely states, some of which were ruled by Maharajas and others by Nawabs, started believing they would become independent rulers of their kingdoms as in the pre-British era. They argued that the government of free India should treat them as equals. It was Sardar Patel's insight, wisdom and diplomacy that drove sense into the minds of the monarchs who agreed accession to the Indian Republic.

Vallabhbhai Patel (1875-1950), whose birth anniversary was observed on 31st October, is sorely missed. He has been, ever since he died at the none-too-great an age of 75, in 1950. He was the keel that the boat of the freedom struggle needed so as never to tip over, the ballast that the ship of state required to stay steady, move safe.

This is because he was, first and last, a patriot. A Congress patriot. And then, a man who knew India. The India which the Congress was seeking to define for itself, for India.

What was that India? Let us have Gandhi answer the question. In 1931, the year that Patel, for the first time, became Congress president, Gandhi went as the Congress's sole representative to the second Round Table Conference in London. He defined at that Conference, the nature of the party, and explained to that gathering how the Congress represented the entire country. He explained, in fact, their inextricable oneness.

## Under a big tent

In Gandhi's words: "In as much... as I represent the Indian National Congress, I must clearly set forth its position. In spite of appearances to the contrary, especially in England, the Congress claims to represent the whole nation and most decidedly the dumb millions among whom are included the numberless untouchables who are more suppressed than depressed, as also in a way the more unfortunate neglected classes known as backward races..."

And again, at the Conference's Minorities Committee: "...if you were to examine the register of the Congress, if you were to examine the records of the prisons of India, you would find that the Congress represented and represents on its register a very large number of Mohammedans. Several thousand Mohammedans went to jail last year under the banner of the Congress... The Congress has Indian Christians also on its register. I do not know that there is a single community which is not represented on the Congress on its register...even landlords and even mill-owners and millionaires are represented there..."

Serving the nation through that party representing 'the whole nation' and its various communities, strengthening that party at its plural grassroots, shaping the resolutions and decisions of its Working Committee and helping it form ministries in eight of the 11 provinces in the elections of 1936-37, Patel then guided it as it took over the reins of the Government of India in 1947. Working for and through the Congress was the Alpha and Omega of Patel's political career.

That made him what he was, the 'indomitable' iron man of India. That also

made the Congress, in very great part, what it was - an all-India organisation.

## Congress was Patel's life

No Patel, no national Congress. No Congress, no Sardar Patel. Congress patriotism was his patriotism; Congress politics was his politics.

No one, howsoever anxious to wrench his legacy off from that of the Congress, can dispute and much less deny that basic and incontrovertible fact. No one, howsoever desperate to annex his legacy to that of another body, cultural or political, like the Hindu Mahasabha or the Rashtriya Swayamsevak Sangh or the Bharatiya Janata Party, can succeed in staging so ridiculous a trapeze show.

Sardar Patel was the Congress's spine. The Congress was Sardar Patel's life.

Does that mean that the Sardar's membership, leadership and stewardship of the Congress was free of tensions? Of course not, because he was human, and his party was led and peopled by other humans, each with tempers and temperaments that were distinct. Despite Gandhi's pre-eminent position in it and in the hearts of the people of India, the Congress was not a hegemonic party and its most charismatic leader, Jawaharlal Nehru, was, by instinct, self-training and practice, its most natural democrat. Nehru's was a lunar luminosity in Gandhi's Congress. Nehru's glow could brighten and lessen, and on a moonless light plunge the party in inky gloom. Patel, with his seven great skills - resoluteness, clarity, direction, focus, loyalty, grounded-ness and guts - was the party's saptarshi, its Ursa Major.

The Congress not only accommodated personality and political variations, it regarded itself as their natural home. It was a place to which people belonged, not a place in which people assembled for a drill. Its sifat, to

use a Persian word that stands for essence or ethos, was its diversity. And its Working Committee embodied that sifat. It had, Gandhi apart, Nehru the socialist and agnostic, Patel the conservative, C. Rajagopalachari the liberal, Rajendra Prasad the traditionalist, Abul Kalam Azad the scholar, J.B. Kripalani the scoffer. At different times it had Subhas Chandra Bose the nationalist, Sarojini Naidu the poet. Each Congressman and Congresswoman was himself or herself first, and then a soldier of the party. Each person was 'rare'. Which is why, describing Acharya Narendra Deva in his obituary speech in Parliament, Nehru spoke of him being "...a man of rare distinction - distinction in many fields - rare in spirit, rare in mind and intellect, rare in integrity of mind and otherwise." The Congress's ranking leaders, as indeed its countless 'file', differed, debated, wrangled and even warred, but stayed true to the party's sifat, because the party gave them that 'play', not as a policy but as an inherent personality trait, India's trait.

The mutual differences between Nehru and Patel are no secret. The Congress did not believe in secrecy. Their mutual trust was no secret. The Congress believed in trust.

Their differences are not to be exaggerated. They are not to be minimized. They are to be contextualized. In the democratic spirit of that plural party.

Sardar Patel led a party as its Ursa Major that was anything but a homogenizing factory. It was as plural as it was because it saw itself in the words Gandhi used to describe its eclectic rolls in London in 1931.

## 'India first'

Gandhi, who knew the meaning and action of political variegation, encouraged and succeeded in getting Nehru and Patel to work with coordination and cooperation if not coalescence. And for this, the realism of both

leaders has to be thanked. Their realism, and their sense of 'India first'.

India first was part of their idea of India. And 'India first' was integral to their sense of patriotism, their Congress patriotism.

Four days after Gandhi's assassination, in a letter to his senior in politics, in the party and in age, Nehru wrote: "With Bapu's death everything is changed... I have been greatly distressed by the persistence of whispers and rumors about you and me, magnifying out of all proportion any difference we may have."

Patel replied on May 5, 1948: "I am deeply touched...We both have been lifelong comrades in a common cause. The paramount interests of our country and our mutual love and regard, transcending such differences of outlook and temperament as existed, have held us together."

The very previous day, addressing the Congress Party in the Constituent Assembly, Patel described Nehru as "my leader" and said: "I am one with the Prime Minister on all national issues. For over a quarter of a century, both of us sat at the feet of our master and struggled together for the freedom of India. It is unthinkable today, when the Mahatma is no more, that we should quarrel."

The Congress's rank and file should ponder these observations of Nehru and Patel and rectify years of neglect, post-Nehru, of the Sardar's legacy at the false altar of political cronyism. That neglect has lubricated the crassly opportunistic co-option of Patel by the Hindu Right which has no right, logical, political or moral, to that legacy. What the Congress squandered, Hindutva is shoveling in. The Congress's unwitting de-option of Patel was an error; Hindutva's calculated co-option of Patel is an execration.

'India first' believers should be aware of both.

*(The author is a former administrator, diplomat and Governor)*

## Readers Write

### "Vedic Yagnas were pure Satvik deeds"

Dear Sir,

In reference the mischief-laden comment by the author Audrey Truschke, Beef Eating and Horse sacrifice in Vedas is a deliberate abuse of Vedic religion.

The fact however, is the Vedic Yagnas were pure satvik deeds. The Sanskrit word yagna(????) itself means the pious worship. There was perfect vegetarianism in Vedas and Vedic Yagnas.

See the following references in Rig Veda-

1. Don't kill any beings (Rig Veda 10/87/16)
2. In the Vedic Yagna, killing of an animal or eating meat is totally prohibited. (Mimansa 912/2/2)
3. Just like cows are given as charity in the

yahya, horses are also offered in charity. (Mimansa 10/3/65)

4. Horses and cows are used only for giving in charity, but never eating their meat. (Mimansa 10/7/15)

It is common knowledge that satvik food includes- grains, cereals, vegetables, dairy products, and herbs etc., but never meat.

It is therefore, seen from above, not only meat eating, even offering the meat is avoided in the definition of Satvik food since Vedic

times. Similar references are included in the holy books of Hindus- Bhagvatam and Mahabharata. So much so, non-violence as one of the five Yamas means avoiding hurt by thoughts, words and deeds.

The evil minded hypocrites such as Audrey Truschke have started telling that Vedic principles in yagnas involved intoxicants and meat eating; it is not in the Vedas.

*Prof. Ravi Rustagi  
7 Efstis Court, West Orange, NJ 07052*



## Pakistan plans new N-reactors, 9,000MW of energy by 2030

**ABU DHABI (TIP):** Pakistan plans to build at least three to four big reactors as it targets nuclear power capacity of 8,800 megawatts by 2030, the country's atomic energy commission chairman said.

Pakistan has five small reactors in operation with combined capacity of just over 1300 MW. The last one in the four-reactor Chashma plant in Punjab province, built by China National Nuclear Corp (CNNC), went into operation in September this year.

It is also building two Chinese Hualong One reactors with a capacity of 1100 MW each near the port city of Karachi. Muhammad Naeem, Chairman of the Pakistan Atomic Energy Commission, said that these two new reactors are now 60% and 40% complete respectively and should become operational in 2020 and 2021.

Pakistan is now also in the final stages of awarding contracts for an eighth nuclear reactor with 1100 MW capacity which would take the country's total nuclear capacity to about 5,000 MW when it is finished.

"We could award the contracts before year-end," Naeem said. (Reuters)

## Blast in Afghanistan capital causes numerous casualties

**KABUL (TIP):** A large explosion hit the Afghan capital Kabul on Tuesday, in an area housing foreign embassies and government departments, causing numerous casualties.

A Reuters television team counted eight people who appeared to have been killed, besides several wounded at the scene, which was shrouded in smoke from the explosion. All the casualties appeared to be Afghan civilians.

A public health official said three dead and 10 wounded had been taken to city hospitals.

There was no immediate claim of responsibility, or confirmation of the cause of the explosion. A Kabul police spokesman said it appeared to have been caused by a suicide bomber on foot but police were also investigating whether it was a bomb planted earlier.

The street in the Wazir Akbar Khan area of the city is close to several foreign embassies, as well as an office and guesthouse of the ministry of defence.

The blast follows a series of attacks in or around Kabul this month, including one on a Shi'ite mosque in the city that killed more than 50 people and a separate attack on an army training facility that killed at least 15 soldiers. (Reuters)

## Boat carrying fleeing Rohingya Muslims sinks, at least 4 die

**DHAKA (TIP):** A Bangladesh official says a boat carrying up to 45 Rohingya Muslims fleeing Myanmar has capsized in the Bay of Bengal and four bodies have been recovered from the water. It is not clear how many are missing.

Local government administrator Mohammed Mikaruzzaman said some 23 people have been rescued and a dozen of them are being treated.

The boat capsized on Tuesday morning near Inani beach in Cox's Bazar district.

More than 600,000 Rohingya Muslims have reached refugee camps in Bangladesh since Myanmar's security forces launched operations Aug. 25 that the United Nations and others have described as "ethnic cleansing." About 190 people trying to flee have died in boat accidents in the Bay of Bengal or nearby waterways. (TOI)

## Indian among 31 killed as bus plunges into river in Nepal

**KATMANDU (TIP):** At least 31 people, including an Indian woman, were killed on Saturday after an overcrowded bus veered off a road and plunged into a river in central Nepal's Dhading district, police said. The Kathmandu-bound bus from Rajbiraj fell into the Trishuli River while negotiating a turn at Ghatamesi, 70 km west of Kathmandu, around 5:00 am, said Superintendent of Police, Dhading, Dhruba Raj Raut.

Security personnel, including those from the Nepal Army and Armed Police Force, rescued 16 injured passengers who had fallen into the river along the Prithvi highway.

The rescue teams have pulled out 28 dead bodies so far and the search was on for other missing passengers, according to The Kathmandu Post.

According to the police, most of the deceased were from Saptari district and 12 of them have been identified. (PTI)

# Nawaz Sharif's disqualification is murder of justice, says daughter

**ISLAMABAD (TIP):** Nawaz Sharif was disqualified by Pakistan's Supreme Court in haste, the ousted prime minister's daughter and PML-N party leader Maryam Nawaz has said while maintaining that the ruling amounted to the murder of justice.

Sharif has been indicted by an anti-graft court in three cases of corruption related to his investments abroad and in other offshore companies. The cases were registered after the Supreme Court disqualified the 67-year-old as prime minister on July 28 in the Panama Papers scandal.

Maryam, said to be groomed by Sharif as his political heir, told Geo News that her father, who was re-elected recently as the President of the Pakistan Muslim League-Nawaz, has been disqualified but not discredited, despite many attempts by their enemies.

But 44-year-old said that she does not understand the dynamics of getting justice in the country.

"If you criticise, then you won't get justice, but if you don't criticise then you will get justice? What is the standard of justice," she asked.

"Our point of view is that there lies anger on the other side and the verdict [disqualification of Sharif] was announced in haste."

Sharif, who returned to Pakistan from



London on Thursday, is set to appear before an anti-graft court on Friday in the corruption cases spiralling from the Panama Papers scandal.

Maryam and her husband Captain (retired) Mohammad Safdar have also been summoned by the accountability court. The Sharif family alleges that the cases are politically motivated.

Maryam claimed that the Panama case was "not about corruption, money laundering or misuse of power."

Sharif, three-time prime minister, was disqualified by the Supreme Court over hiding asset details in his nomination papers for the 2013 general elections.

Just because the names appeared on

the Panama Papers case it did not mean that those people were "necessarily involved in corruption or any wrongdoing," she said.

Maryam said the case was being used to humiliate the Sharif family. "We were asked private questions such as 'why does daughter live with her father? Why did a father give gifts to his daughter? Why did a son give money to his father?'"

We were also openly labelled to be "don", "Sicilian mafia" and "Godfather". Everyone saw the murder of justice in the court, she added.

On the options available to her father in the current political scenario, she said: "Mian sahab has all the options."

When asked if Sharif has no fear of being jailed, she said: "We have been there and done that," recalling that her family members have been imprisoned as well as exiled in the past.

"There is no allegation of any corruption or kickback against him [Sharif]," she said.

"We are asked time and again where the money has come from? How did Hussain, Hassan [Nawaz's sons] become billionaires at such a young age," she said.

"People don't realise that Hassan and Hussain are grandsons of a billionaire, who was one of one of the richest people in Pakistan at one point," Maryam added. (PTI)

## Suu Kyi visits Myanmar region torn by Rohingya conflict

**YANGON, MYANMAR (TIP):** Aung San Suu Kyi visited the conflict-torn area of northern Rakhine state for the first time as Myanmar's leader on Thursday, while her government said a plan to repatriate the hundreds of thousands of Rohingya Muslims who've fled violence there is in the works.

Suu Kyi arrived in the state capital Sittwe and headed to restive northern Rakhine where many Rohingya villages were located. During a 2015 election campaign, she visited southern Rakhine, where there hasn't been much conflict.

"The state counselor just arrived but she is heading to Maungdaw, northern Rakhine, with the state officials," said Tin Maung Swe, a deputy director of the Rakhine government, using Suu Kyi's official title.

Government spokesperson Zaw Htay would not release Suu Kyi's plans for the trip until later because of security concerns.

More than 600,000 Rohingya from northern Rakhine have fled to Bangladesh since Aug. 25, when Myanmar security forces began what they called a "clearance operations" in response to deadly attacks on police outposts by insurgents. The UN has said the response has been disproportionate and amounts to ethnic cleansing.

The campaign has included the burning of Rohingya villages and accusations of widespread rights violations. Fleeing Rohingya have described arson and rape and shootings by Myanmar soldiers and Buddhist mobs.

The Nobel Peace laureate's global image has been damaged by the crisis and she has come under intense criticism to do more to end the violence and condemn those responsible. Several fellow peace prize winners have publicly condemned Suu Kyi for what they see as her apparent indifference to the plight of the Rohingya.

Though Suu Kyi has been the de facto head of Myanmar's civilian government since her party swept elections in 2015, the former political prisoner is limited in her control of the country by a constitution written by the junta that ruled Myanmar for decades. The military has effective veto power over all legislation and controls key ministries including those overseeing security and defense.

Yet even when Suu Kyi has spoken on the issue, she has drawn criticism. In a September speech, her first comments after the current crisis began, she asked for patience from the international community and suggested the refugees were partly responsible, saying more than half of the Rohingya villages had not been destroyed by the violence. (AP)

## Pakistan makes landmark ruling against man for second marriage

**LAHORE (TIP):** A Pakistan court on Wednesday ruled against a man who had remarried without his first wife's permission in a landmark verdict that was applauded by women's rights activists.

Judicial magistrate Ali Jawwad Naqvi announced the verdict in a Lahore lower court, ordering the man to serve a six-month jail term and pay a fine of 200,000 Pakistani rupees (\$1,902.95).

It was the first time a court in Pakistan had sided with the woman under a 2015 family law and followed a petition by Ayesha Bibi, who said her husband, Shahzad Saqib, had wed for a second time without her approval.

"To get married without your first wife's permission is breaking the law," she had argued in her appeal.

The court rejected the man's argument that he did not need her permission because his religion allowed him four marriages.

The Council of Islamic Ideology (CII), a body that advises the government on the compatibility of laws with Islam, has often criticised the demand for a wife's written approval if her husband wants to remarry. But the CII's recommendations are not legally binding.

Women's rights activists applauded the ruling.

"It is encouraging that a wronged woman has used this law to complain to the court. The decision augurs well for women's empowerment," Romana Bashir, who heads a non-governmental organisation, Peace and Development Foundation, told the Thomson Reuters Foundation.

Fauzia Viqar, chair of the Punjab Commission on the Status of Women, a body promoting women's rights, welcomed the verdict as a way to strengthen women's hand in a conservative society.

"The decision sets an important precedent. It will discourage polygamy and encourage women to take up their case with the courts. It will create awareness among people, in general, and women, in particular. Wronged women using this law will lead to their empowerment," said Viqar.

Polygamy is not widespread in Pakistan. No statistics are available, but the Institute for Policy Studies, an Islamabad-based non-profit research organisation, found it was most common in rural areas in families without a male heir or in cases when men fell in love with another woman. It rarely occurs in cities, the group found. The husband has the right to challenge his conviction in the Lahore case, though it was not clear if he would do so. (Reuters)



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## Harassment of women at work can't be tolerated: Ivanka Trump

**TOKYO (TIP):** Ivanka Trump says at a Tokyo conference on women's advancement that harassment of women in the workplace cannot be tolerated.

The US president's daughter and adviser spoke Friday at the World Assembly for Women amid growing attention to sexual harassment of women in Hollywood and other industries in the United States.

Ivanka Trump also said workplaces need to make further efforts to respect women's values and accommodate work-family balance.

She came to Japan at the invitation of Prime Minister Shinzo Abe and is set to leave one day before her father arrives here Sunday.

President Donald Trump starts his first official Asia tour in Japan. Trump will play golf and talk with Abe and meet with Emperor Akihito and relatives of people abducted by North Korea. (AP)

## US sends supersonic bombers over South Korea

**WASHINGTON (TIP):** US bombers overflew the Korean peninsula Thursday as part of an exercise with Japanese and South Korean warplanes, the US Air Force said, days before President Donald Trump arrives in the region for a trip set to be dominated by the nuclear-armed North.

Tensions are high over Pyongyang's ballistic missile and atomic programmes, which in recent months have seen it test ICBMs and carry out its sixth nuclear blast.

Flights by supersonic B-1B Lancer bombers in the area always infuriate North Korea, which condemned the drill as "blackmail" early Friday.

Two B-1B aircraft took off from Andersen Air Force Base in Guam, and were joined west of Japan by Japan Air Self-Defense Force fighters, the US Pacific Air Force said in a statement.

"The Lancers then transited overland to Korea to integrate with Republic of Korea fighters in the Yellow Sea," the statement read, adding that the aircraft later returned "to their respective home stations."

The exercise was part of the "continuous bomber presence" mission in the Pacific and "was not in response to any current event," the statement said.

The operation follows an October 10 "show of force" in which two Lancers staged the first night-time joint aviation exercises with Japan and South Korea.

Trump and North Korean leader Kim Jong-Un have exchanged threats and personal insults in recent months -- the US president has warned of "fire and fury" in response to Pyongyang's threats, and the North's KCNA news agency this week called him "incurably mentally deranged".

North Korea in July launched two intercontinental ballistic missiles apparently capable of reaching the US mainland -- described by Kim as a gift to "American bastards".

It followed up with two missiles that passed over Japan, and its sixth nuclear test, by far its most powerful yet.

Pyongyang may be preparing for another missile test, Seoul's spy agency reportedly said Thursday.

The North habitually condemns B-1B flights as rehearsals for an attack, and KCNA said Friday: "The reality clearly shows that the gangster-like US imperialists are the very one who is aggravating the situation of the Korean peninsula and seeking to ignite a nuclear war."

Trump begins an Asian tour on Friday that will include South Korea and is set to be dominated by the North Korean nuclear issue. (AFP)

## Three killed, one injured in Colorado Walmart shooting

**THORNTON (USA):** A third person, a woman is now reported dead in the Walmart shooting incident in suburban Denver in Colorado state of US. Police earlier said two men have been killed and a woman injured in the incident.

Thornton police tweeted Wednesday night they were responding to a shooting with "multiple parties down." They advised people to stay away from the area as dozens of emergency vehicles converged at the store. Multiple people described hiding in the Walmart before being evacuated by police. Investigators have not released any details about the circumstances of the shooting or the condition of the injured woman. Special agents with the Bureau of Alcohol, Tobacco, Firearms and Explosives are headed to the scene to help police. A call to the Thornton Police Department went unanswered. (AP)

# President Trump's Controversial USDA Pick Just Withdrew After Getting Caught Up in the Russia Investigation

**WASHINGTON (TIP):** A former Trump campaign aide withdrew from consideration to be the top scientist at the U.S. Department of Agriculture (USDA) Thursday amid scrutiny of his scientific credentials and his ties to the ongoing investigation into Russian interference in the 2016 presidential election.

Sam Clovis, a 25-year Air Force veteran and onetime talk show host from Iowa, served as co-chair and policy adviser to the Trump campaign. In that capacity, he oversaw foreign policy George Papadopoulos adviser and encouraged him to meet with Russian contacts. Investigators revealed Monday that Papadopoulos pleaded guilty to lying to investigators in connection with the Russia probe.

Clovis had also received criticism for lacking a scientific background as he pursued a job with duties overseeing scientific research. Clovis acknowledged that he had no such experience in a letter obtained by the Washington Post.

"The political climate inside Washington has made it impossible for me to receive balanced and fair consideration for this position," Clovis



said in a resignation letter to Trump, according to a Politico report. "The relentless assaults on you and your team seem to be a blood sport that only increases in intensity each day."

White House Press Secretary Sarah Sanders acknowledged the resignation Thursday. "We respect Mr. Clovis's decision to withdraw his nomination," she said in a statement.

Before being linked to the federal investigation on Russia, Clovis had already attracted significant attention for past statements on both climate change and gay rights. He has previously questioned the role humans play in warming the planet, something widely agreed upon by scientists, and suggested that being gay is a choice. (TIME)

## US mulls designating North Korea as state sponsor of terrorism

**WASHINGTON (TIP):** The US is mulling to designate North Korea as a state sponsor of terrorism, the White House has said, as President Donald Trump embarks on his five-nation Asia trip today during which the issue of the reclusive nation will be taken up prominently.

"That is an option that's under consideration," the National Security Adviser H R McMaster told reporters at a White House news conference when asked if designating North Korea a State Sponsor of terrorism is an option for the United States.

"The president's cabinet is looking at this as part of the overall strategy on North Korea," he said.

McMaster lashed out at the North Korean regime for the "murder" of Kim Jong-nam, the estranged brother of its dictator Kim Jong-Un.

"A regime who murders someone in a public airport using nerve agent, and a despotic leader who murders his brother in that manner, that's clearly an act of terrorism that fits with a range of other actions. So this is something that's under consideration. And you'll hear more about that soon, I think," McMaster said.

McMaster said there is a concerted effort to isolate North Korea economically. And that has been combined with a major diplomatic effort that asks all countries to do more, he said adding that there's tremendous momentum behind that now.

"We have seen countries across the Indo-Pacific region, but globally, doing more to expel these really, in effect, North Korea slave labourers who are a



big source of income for the regime, to shut down a lot of illicit trafficking that was aimed to circumvent the UN sanctions; to shut down a lot of the money-making enterprises of this regime, often times run out of their embassies," he said.

There have been a lot of expulsion of ambassadors, elements of the diplomatic corps, a restriction on this kind of activity, he said, noting that the president welcomes that and appreciates it. China, he said, is definitely doing more, but obviously it's not enough.

"What's really essential to remember about China's approach to this is, China recognises this isn't the United States or anyone else asking China to do us a favour. China recognises it is clearly in the interest of China and all nations to

denuclearise the peninsula," he said.

McMaster rued that approaches in the past have not delivered on halting and then reversing North Korea's "very dangerous" nuclear and missile programs.

"We are out of time to do that because of how these programs have advanced over time. It's time for a really concerted effort to do everything of us to resolve this sort of military action," he said.

Responding to another question, he highlighted three elements of foundation for the multinational approach to North Korea. "The first of these is a recognition that North Korea is not just a threat to the United States. Everyone acknowledges, China especially, that this is a problem between North Korea and the world," he said. (PTI)



# 'Donald Trump's maiden Asia trip to strengthen alliances, expand new ties'

**WASHINGTON (TIP):** Donald Trump's maiden Asia trip as the US President is to "strengthen longstanding" alliances and "expand new partnerships", his national security adviser has said.

Trump leaves the White House today on a 12-day trip during which he will visit Japan, South Korea, China, Vietnam and Philippines. This trip is not only Trump's longest foreign trip till date but also the longest Asia trip by a US president in more than a quarter century.

National security adviser Lt gen HR McMaster sees Trump's Asia sojourn as part of efforts to strengthen longstanding American alliances while expanding the new partnerships in the Indo-Pacific region.

"This trip is a great opportunity to demonstrate America's and the Trump administration's commitment to the Indo-Pacific and our efforts to strengthen longstanding American alliances and expand new partnerships," McMaster told reporters at a White House news conference on the eve of Trump's departure to the region.

McMaster said in the last 10 months, Trump has actively engaged leaders in the Indo-Pacific to address a range of strategic issues, prominently the North Korean nuclear threat.

"Since taking office, Trump has placed 43 calls to India-Pacific leaders and conducted bilateral meetings with Japan, South Korea, China, India, Australia, Malaysia, Vietnam, Indonesia, Singapore and Thailand," he said.

In line with his presidential diplomacy, Trump's trip will focus on three goals: strengthening international resolve to denuclearise North Korea; promote a free and open India-Pacific region; and advance American prosperity through fair and reciprocal



trade and economic practices, McMaster said.

The United States remains committed to the complete, verifiable and permanent denuclearisation of the Korean Peninsula, he said.

The top presidential adviser asserted that Trump will reiterate the fact that North Korea threatens not just its allies, but also the entire world.

"That is happening. But the president recognises that we're running out of time and will ask all nations to do more," McMaster said.

During his meetings with world leaders, Trump will remind friend and foe alike that the US stands ready to defend itself and its allies using the full range of its capabilities, he said.

"In particular, he will continue to call on all responsible nations, especially those with the most influence over North Korea, to isolate its regime economically and politically; to convince its leaders that the pursuit of nuclear weapons is a dead end and that it is past time to

denuclearise," he added.

McMaster said Trump will also use the trip to promote his vision for a free and open India-Pacific region.

"He will make the case that respect for freedom of navigation and overflight, the rule of law, sovereignty, freedom from coercion, and private enterprise and open markets is the best model to increase prosperity throughout the region, and to secure the freedom and independence of all nations," he said, adding the president will focus on his commitment to free, fair and reciprocal trade during his trip.

"He looks forward to working with partners across the Indo-Pacific region to ensure that governments do not unfairly subsidise their industries, discriminate against foreign business or restrict foreign investment. This will help increase trade, reduce unsustainable deficits, and promote prosperity for the American people and the people of the India-Pacific region," McMaster said. (PTI)

# Sessions slams visa lottery: 'It tells us nothing about who is entering this country'

**WASHINGTON (TIP):** In the wake of the deadliest terror attack in New York City since 9/11, the attorney general, Jeff Sessions, visited the city on Thursday to advocate a ramping up of anti-terror surveillance and an end to the diversity lottery visa program.

"We don't use random chance in college admissions and we don't roll a die to hire people. By the same token, a lottery tells us nothing about who is entering this country," Sessions said of the 27-year-old program designed to diversify the immigrant population in the United States.

Analysis What is the green card law Trump wants to scrap after the New York attack?

Less than 24 hours after a man drove a truck on to a bike path in New York City killing eight people, the president was blaming US immigration laws

Sessions, a long-time proponent of ending the program during his tenure in the Senate, advocated instead for a "merit-based" system, suggesting it would be, "by definition, safer than a lottery".

All of the 50,000 annual recipients of diversity visas are already vetted by standard immigration requirements. To be eligible, winners must have completed either a high school education or at least two years of work experience in a skilled field. They must also demonstrate means of support, have no criminal background and be in good health.

Sessions followed the lead of Donald Trump, who renewed criticism of the lottery program as it emerged that the suspected New York attacker Sayfullo Saipov originally came to the US from Uzbekistan under the program in 2010.

"We are fighting hard for Merit Based immigration, no more Democrat Lottery Systems. We must get MUCH tougher (and smarter)," Trump tweeted on Wednesday. (The guardian)

# US shares names of 20 terror groups with Pakistan: Report

**WASHINGTON (TIP):** The US has shared with Pakistan a list 20 terrorist groups like the LeT, JeM and HUM that Washington believes are operating from its soil to target India and Afghanistan, a media report said on Thursday.

Top on the list is the Haqqani network which, the US says has safe havens in the Federally Administered Tribal Areas in northwestern Pakistan and uses them to launch attacks into Afghanistan, Dawn reported.

The list includes three types of terror groups: those who launch attacks into Afghanistan, those who attack targets inside Pakistan and those who are focused on Kashmir, the newspaper quoted diplomatic sources as saying.

India-specific terror groups like Harakatul Mujahideen, Jaish-e-Mohammed (JeM) and Lashkar-e-Taiba (LeT) are also on the list. Harakatul Mujahideen is a Pakistan-based terrorist group operating primarily in Kashmir. The US says that group had links to Osama bin Laden and al-Qaida as well, the report said.

JeM operates mainly in Kashmir. The United States identified LeT as one of the largest and most active terrorist organisations in South Asia. Founded in 1987 by Hafiz Saeed, Abdullah Azzam and Zafar Iqbal in Afghanistan, the group had its headquarters in Muridke in Punjab province. LeT too, is focused on Kashmir, the report said.

Lashkar-e-Taiba was involved in the 2001 Indian parliament attack and the 2008 Mumbai attacks. The US blames this group for committing hundreds of target killings and dozens of mass attacks inside Pakistan. The Tehreek-i-Taliban Pakistan (TTP), an umbrella organisation of various terrorist groups, was based in FATA, but has now relocated to Afghanistan. The US says that the group wants to enforce its own interpretation of Sharia and plans to unite against Nato-led forces in Afghanistan. It has conducted hundreds of terrorist attacks inside Pakistan. Other groups on the list are: Harakatul Jihadi-i-Islami, Jamaatul Ahrar, Jamaatud Dawa al-Quran and Tariq Gidar Group, which is one of 13 TTP affiliates.

The Tariq Gidar Group has been behind some of the deadliest attacks inside Pakistan, including the December 16, 2014 massacre at the Army Public School in Peshawar that left 132 schoolchildren and nine staffers dead.

The sources, however, rejected as incorrect the suggestion that US Secretary of State Rex Tillerson gave a list of 75 terrorists to Pakistani officials when he visited Islamabad last week. Tillerson told the US Senate Foreign Relations Committee on Monday that Pakistan was willing to target terrorists if provided specific information about their whereabouts and Washington. (PTI)

# US nuclear arsenal to cost \$1.2 trillion over next 30 years: CBO

**WASHINGTON (TIP):** Modernizing and maintaining the US nuclear arsenal over the next 30 years will cost more than \$1.2 trillion, according to a report released on Tuesday by the Congressional Budget Office.

The report said current plans for the modernization of the aging planes, ships and missile silos that make up the US nuclear arsenal would cost 50 percent more than if the US only operated and maintained its current equipment in the field.

The CBO study reviewed the Obama's Administration's plans for modernization of the nuclear arsenal. President Donald Trump in January directed Secretary of Defense James Mattis to conduct his own review the US nuclear forces. The results could be published in the coming months.

US House Armed Services Committee member Adam Smith, a Democrat from Washington, said of the Obama-era plan: "Congress still doesn't seem to have any answers as to how we will pay for this effort, or what the trade-offs with other national security efforts will be."



The report said costs would rise from \$29 billion in 2017 to \$47 billion in 2027, before peaking at around \$50 billion a year through the early 2030s.

Trump has said he wants to ensure the US nuclear arsenal is at the "top of the pack," saying the United States has fallen behind in its weapons capacity.

US officials have noted that America's nuclear modernization is lagging behind Russia's upgrade of its own nuclear triad.

General Paul Selva, vice chairman of the Joint Chiefs of Staff, told Congress in August he believed Moscow was already two-thirds of the way through its nuclear modernization process.

In August, the US Air Force awarded Boeing Co and Northrop Grumman Corp separate contracts to continue development work on the replacement of the aging Minuteman III intercontinental ballistic missile system one leg of the nuclear triad. (Reuters)



# China blocks another move to list Masood Azhar as global terrorist

**NEW DELHI (TIP):** India has expressed "deep disappointment" at China's decision to block consensus on the listing of Masood Azhar as an internationally designated terrorist under 1267 committee of the UN Security Council.

Raveesh Kumar, MEA spokesperson, said: "We are deeply disappointed that once again, a single country has blocked international consensus on the designation of an acknowledged terrorist and leader of UN-designated terrorist organisation, Masood Azhar."

The application to proscribe Azhar, put on a technical hold three months ago for the fifth time by Beijing, expired today. The proposal backed by the US, France and the UK seeks to designate Pakistan-based JeM terror group chief and Pathankot attack mastermind Azhar as a global terrorist by the Al-Qaida sanctions committee, but has constantly faced the Chinese veto block.

continued on page 7 "India strongly



believes that double standards and selective approaches will only undermine the international community's resolve to combat terrorism. We can only hope that there will be a realisation that accommodating with terrorism for narrow objectives is both shortsighted and counter-productive," Raveesh Kumar added.

Responding to queries, Chinese Foreign Ministry spokesperson had this

week cited "disagreements" on the listing. "We believe the committee should follow principles of objectivity, professionalism and fairness and reach decisions by consensus based on solid proof. As for the listing by the relevant country, there are disagreements," the spokesperson said. This despite the recent BRICS Summit declaration in Xiamen in China which named Pakistan-based terrorists and made a strong pitch to counter all manifestations of terror outfits and terror-financing, unlike the previous summit held in Goa.

"We express concern on the security situation in the region and violence caused by the Taliban, ISIL/DAISH, Al-Qaida and its affiliates, including the Eastern Turkistan Islamic Movement, Islamic Movement of Uzbekistan, the Haqqani Network, Lashkar-e-Taiba, Jaish-e-Mohammad, TTP and Hizb ut-Tahrir," read para 48 of the Xiamen declaration. *Source: The Tribune*

## Parliament's winter session likely to be short due to Gujarat poll

**NEW DELHI (TIP):** The winter session of Parliament is likely to be a curtailed affair as most MPs would be busy campaigning for the Gujarat assembly polls to be held in two phases in December.

While a final call is yet to be taken by the Cabinet Committee on Parliamentary Affairs, two senior government functionaries said the session could be held in November end

and may last a week or 10 days.

The date of the meeting of the CCPA headed by Home Minister Rajnath Singh has not yet been finalised, they said.

The Gujarat elections will be held on December 9 and 14 and the counting of votes will take place on December 18 together with Himachal Pradesh, which goes to poll on November 9.

The winter session is usually held from the middle of November till the

third week of December.

"It is already November 2. We still don't have the dates for Parliament. I am hoping Parliament to start either on November 20 or 21. Why the government is so cagey about announcing the dates.

"It may be a good idea to make a Parliament calendar at the top of the year. Why are they playing games before announcing the dates," TMC leader Derek O'Brien said. *Source: PTI*

# PRIYANKA CHOPRA AMONG WORLD'S MOST POWERFUL WOMEN

**NEW YORK/NEW DELHI (TIP):** Five Indian women, including ICICI Bank CEO and MD Chanda Kochhar and Bollywood star Priyanka Chopra, have featured on the list of the world's 100 most powerful women compiled by Forbes, which was topped by German Chancellor Angela Merkel.

Kochhar was ranked 32 on the coveted list while HCL Corporation CEO Roshni Nadar Malhotra took the 57th position, followed by Kiran Mazumdar-Shaw, founder-Chair, of Biocon, at 71.

Other Indians on the list include Shobhana Bhartia, Chairperson and Editorial Director for HT Media, at the 92nd place and Priyanka Chopra, "the most successful Bollywood actor to cross over to Hollywood", at 97.

Some of the other India origin women who have made the cut include PepsiCo CEO Indra Nooyi at the 11th position while Indian American Nikki Haley has been placed 43rd.

The overall list was topped by Merkel, who retained the top spot for the seventh consecutive year and 12 times in total.

Merkel is followed by UK Prime



Minister Theresa May at the second position, who is "leading her country through Brexit, a historic, complex and transformative time for the country and the European Union", Forbes said.

May is followed by Melinda Gates, co-chair of the Bill and Melinda Gates Foundation, who, along with her husband Bill, has donated more than US\$ 40 billion in grants till date and supports organisations across over 100

countries.

Facebook COO Sheryl Sandberg, at the 4th position, and GM CEO Mary Barra (5th) rounded out the top five. This year's list, ranked by dollars controlled, impact, spheres of influence and media presence, boasts of 23 newcomers.

At the 19th spot, Ivanka Trump is the second-highest ranked newcomer. "Ivanka's step-mother Melania has mostly abdicated the first-lady spotlight (and doesn't appear on this year's list), but Ivanka has become a key player in the Donald Trump White House," Forbes said.

The 2017 World's 100 Most Powerful Women identifies a "new generation of icons, game-changers and gate crashers who are boldly scaling new heights and transforming the world", Forbes said.

The list covered four metrics, money (either net worth, company revenues, assets, or GDP); media presence; spheres of influence and impact, analysed both within the context of each woman's field (media, technology, business, philanthropy/NGOs, politics, and finance) and outside of it. *Source: PTI*

## HAASAN FLAYS 'HINDU EXTREMISM', SAYS OLD STRATEGY FAILING

**CHENNAI (TIP):** Actor Kamal Haasan, who has been hinting at entering politics, has hit out at what he calls Hindu extremism, claiming that right-wing groups have taken to violence because their earlier "strategy" has stopped working.

Haasan took no names in his column in the latest issue of Tamil weekly 'Ananda Vikatan' when he alleged that right-wing outfits had "changed course".

"Earlier such Hindu right-wingers, without indulging in violence against those belonging to other religions, made the latter indulge in violence through their arguments and counter arguments," he said.

However, since "this old conspiracy" had begun to fail, the groups were indulging in violence, he wrote.

"Extremism is in no way a (mark of) success or growth for those who call themselves Hindus," wrote the Tamil film icon.

Haasan, who met Kerala chief minister Pinarayi Vijayan recently, also answered a question posed by the Marxist leader, who asked what the actor felt about "Hindutva forces weakening Dravidian culture through slow intrusion".

"In recent times...we could see that racial discrimination and reactionism have been trying to gain a foothold in Tamil Nadu," Vijayan said.

The actor replied: "The fading of the belief that truth will triumph and ... strength will succeed will make us all barbarians".

Sounding philosophical at one point, Haasan said: "Change is unchangeable".

"The day is not far when Tamil Nadu will again be a model for social reformation," he said, adding, "Kerala is such a model and my greetings (to you) for that".

In an earlier column in the weekly, Haasan said he would come out with a "communication strategy" next week, triggering speculation that he would announce his entry into politics.

The column was titled, "Be prepared... will tell all on November 7", which is Haasan's birthday. *Source: PTI*

## INDIA HAS MAXIMUM MALNOURISHED KIDS

**NEW DELHI (TIP):** India is home to the largest number of malnourished children in the world, a report said on Wednesday, advocating that the country needs to frame policies with a focus on reducing health and social inequities. "Over the decade (2005-15), there has been an overall reduction in the infant mortality rate and under-five mortality rate in India, yet the country is housing about 50% of undernourished children of the world," said the joint study by Assocham and EY. The report found that urban India was faced with the challenge of over nutrition.

*Source: PTI*

## World's highest motorable road constructed in Ladakh

**SRINAGAR (TIP):** In a major feat, the Border Roads Organisation (BRO) has constructed the world's highest motorable road in Ladakh region of Jammu and Kashmir, passing through Umlingla Top at a height of over 19,300 feet.

The feat was achieved under 'Project Himank' of the organisation.

Being close to Hanle, the 86km long strategic road connects Chisumle and Demchok villages, located 230 Kms from Leh. These villages are stone's throw away from the Indo-China border in eastern sector, a spokesman of BRO said. Felicitating the BRO personnel for completing the herculean task, chief engineer, Project Himank, Brigadier D M Purvimuth, said constructing the road at the altitude of over 19,300 feet was filled with life threatening challenges.

He said the climate at the location is always adverse for construction activities. "During peak summers, temperature hovers around minus 10-20 degrees Celsius, and in winters, it dips to minus 40 degrees. Oxygen level at the altitude is 50 per cent less than at normal places," Purvimuth said.



GUJARAT ASSEMBLY ELECTION 2017

# From demonetisation to development, the key issues that will decide outcome

**NEW DELHI (TIP):** The Gujarat Assembly election, scheduled for 9 and 14 December, is significant for Prime Minister Narendra Modi and Congress vice-president Rahul Gandhi. While the former is eager to retain home turf, the latter is trying to mount a serious challenge to the BJP ahead of the 2019 General Election.

The BJP may have its numerous infrastructure projects and the bullet train to help sway votes, but the Congress has the saffron party's flawed implementation of the GST and the demonetisation going in its favour.

The high-stakes battle in a state with only two major parties — BJP and Congress — will be contested on a number of issues that may well decide the outcome. The Gujarat election is considered even more important than Uttar Pradesh for Modi and a defeat will be embarrassing for the BJP.

With the quota agitation crippling Gujarat and the disenchantment growing, BJP might not find it easy to win the state and Congress appears to be putting up a good fight to counter the saffron party.

## THE PATIDAR PROBLEM AND THE DALIT DILEMMA

The two sensitive issues that rattled the state and forced Anandiben Patel to resign as the chief minister were the protests for reservation for Patels in jobs and educational institutions, and the angry response against the flogging of Dalits.

The BJP was at its wits' end thanks to the fierce agitation led by Hardik Patel. Party leaders were not allowed to hold public rallies and they were barred from many Patel-dominated areas in a show of increasing irritation with the saffron party.

The issue has still not abated and Hardik has emerged as an influential leader able to sway votes in favour of whichever party he chooses to endorse. According to the India Today-Axis opinion poll, the Patidars play a decisive role in 21 of the state's 182 seats and makes up almost 16 percent of the electorate. Hardik can give a bump of two percent to whichever party he supports.

The drifting away of the Patidars from the BJP might alter the result of the election because the party has been banking on these votes for last two decades.

The other issue which can play a major role in the election is the Dalit uprising. Gujarat witnessed one of the biggest Dalit uprisings that ever took place in the state last year. Anandiben faced criticism after four Dalit youths were beaten up in Una on 11 July, 2016 for allegedly skinning a dead cow.

Her exit was seen as BJP's message to Dalits that the party was concerned about the growing unrest in the community. The Dalit anger, as The Hindu points out, is mounting. Dalit leader Jignesh Mevani extended his support to the Congress and met party leader Ashok Gehlot.

They comprise seven percent of the electorate in Gujarat and their vote in favour of the Congress could represent a huge loss for the saffron party.

## THE GST DECISION AND DEMONETISATION GAMBLE

As Hindustan Times pointed out, small and medium-scale businessmen and traders, who form the core of the BJP support base, have been hit by what they call implementation



Prime Minister Narendra Modi attended the silver jubilee function of the Akshardham temple of the Bochasanwasi Shri Aksharpurushottam Swaminarayan Sanstha, which has many followers in the Patidar community in Gujarat.



**Congress vice-president Rahul Gandhi created a stir, especially on social media, with his swipe that the goods and services tax (GST) was nothing but a "Gabbar Singh Tax". By drawing a reference to the celluloid bandit Gabbar Singh, immortalized in the cult film Sholay, Gandhi was being anything but subtle in his criticism of India's marquee tax reform.**

glitches in the roll out of the Goods and Services Tax (GST).

Textile traders in the state want a roll back of the GST on cloth. According to the Times Now-VMR opinion poll, about 40 percent respondents feel that the quality of life has worsened after the implementation of GST and demonetisation.

Fifty-three percent of the people are dissatisfied with demonetisation, according to the India Today-Axis survey. The Opposition, specifically the Congress party, has been very vocal and vociferous in its criticism of the new tax regime.

Rahul termed it the 'Gabbar Singh Tax' and the party will also observe Black Day on the anniversary of demonetisation. This might shift the stakes in the favour of the Congress.

Traders have traditionally been BJP's principal vote base but the disenchantment over the GST and demonetisation might shift the favour.

In the Gujarati press, The Hindu reported, there are alarming reports of disenchantment with the BJP government, particularly due to unemployment.

## DEVELOPMENT AND INFRASTRUCTURE

Modi said that the election in Gujarat is a contest between development and dynasty. "The elections for us are about politics of development while for the rivals it is about promoting dynastic politics. And let me tell you that the politics of development will win," he was quoted as saying by Livemint.

BJP has perhaps been focussed on

## Not joining Congress, but ready to talk to Rahul Gandhi on Dalit issues: Jignesh

Gujarat Dalit leader Jignesh Mevani, who has been critical of the ruling BJP in the state, today said he has no plans as of now to join the Congress or any other party.

At the same time, Mevani said he is ready to hold talks with Congress vice president Rahul Gandhi to know the party's stand on various demands of the Dalit community.

"I want to make it clear that neither have I joined Congress nor I am going to do so in future. Not just Congress, I have no plans of joining any other party as of now," the young Dalit leader told reporters.

The remarks come even as the Congress and the BJP are making all efforts to win new block of voters and keep intact their traditional support base. The state goes to polls next month in two phases—December 9 and 14.

Mevani, who has been leading the Dalit agitation in Gujarat following the Una Dalit flogging incident last year, said he was ready to have talks with Rahul Gandhi to know the Congress's stand on 17 demands of the community.

infrastructure projects because of this. Modi laid the foundation stone of Ahmedabad-Mumbai High-Speed Rail Network, commonly known as the bullet train, on 14 September in Gujarat along with his Japanese counterpart Shinzo Abe.

He also laid the foundation stone of a bridge between Okha and Beyt Dwarka. He also announced six-laning of the Ahmedabad-Rajkot National Highway and four-laning of the Rajkot-Morbi state highway.

During his visit to Gujarat, the prime minister inaugurated the Bhadbhut Barrage that will be constructed over the river Narmada, and also flagged off the Antyodaya Express from Surat to Jaynagar in Bihar, The Financial Express reported.

With focus on these infrastructural projects and promoting its development pitch, BJP may be able to sway some voters who are concerned about the development of the state. Almost 16 percent of the voters, according to India Today-Axis opinion poll, agree with Modi and BJP chief Amit Shah that it is the most important issue.

## ANTI-INCUMBENCY

The BJP is facing the anti-incumbency sentiment and the Gujaratis are showing signs of fatigue from being ruled by the BJP since 1995, The Indian Express reported.

With the change of chief minister in the middle of a tenure and the absence of Modi as the chief ministerial candidate, the anti-incumbency sentiment is perhaps apparent. Achyut Yagnik, a leading expert on Gujarat, told Rediff that there has been a difference in administrative control since Modi was elevated.

"Modi had tight control over the bureaucracy, which was not the case with Anandiben Patel and Vijay Rupani," she said.

According to OpIndia, "with 20 years being in power, the state BJP seems to have peaked and reached a saturation point. Of these 20 odd years, Modi was the chief minister for little over 12 years. In the three years that Modi has moved to Centre, Gujarat has had two chief ministers."

Source: FP and agencies



# Prayer for Peace: The Power of One Voice Concert

**“This will be our reply to violence: to make music more intensely, more beautifully, more devotedly than ever before,” Leonard Bernstein**

**“The significance of this concert is that people of all religions - Christianity, Judaism, Islam, Hinduism and Buddhism - will be here together and will listen. Pieces of music like Beethoven's Ninth unite people, giving them a message that we are in this world together and we have to work for peace. That's the only way we can have some understanding,” Luna Kaufman**

**“Most remarkable is Maestro Jason Tramm as the University's director of choral activities and an assistant professor. He has opened Seton Hall's doors to new musical experiences since his arrival in September 2011 and this is another gift he has given to all of us.” Laurie Pine, Director, Media Relations, Seton Hall University.**

BY MABEL PAIS

**P**rayer for Peace: The Power of One Voice reunited members of the Seton Hall University Chorus and the greater Seton Hall community with the Mid-Atlantic Opera Orchestra, under the baton of noted conductor and Assistant Professor Jason Tramm. Renowned international guest soloists soprano Allison Charney founder and host of NYC classical concert series "PREformances with Allison Charney at Merkin Concert Hall at Kaufman Music Center," baritone Mark Delavan, tenor Adam Klein and mezzo soprano Karolina Pilou of the Metropolitan Opera, and acclaimed violinist Kelly Hall-Tompkins from Broadway's Fiddler on the Roof performed. Concert narration featured veteran actor Jordan Charney, star of stage, screen and television.

Inspired by Leonard Bernstein's statement, "This will be our reply to violence: to make music more intensely, more beautifully, more devotedly than ever before," the concert seeks to celebrate peace messengers worldwide.

In keeping with this spirit, the concert honored lifetime messenger of peace, Luna Kaufman, and raised scholarship funds for refugees, said Laurie Pine, Director of Media Relations, Seton Hall University at South Orange, NJ.

Seton Hall University's School of Diplomacy and International Relations and College of Communication and the Arts premiered the second cycle of their "Prayer for Peace" Concert Series at NJPAC in Newark, New Jersey on Friday, October 27. Inspired by Leonard Bernstein's artistic mandate, the classical music concert is dedicated to music's role as an instrument of peace, and took place at NJPAC's Prudential Hall.

Central to the concert was a unique performance of A Survivor from Warsaw by Arnold Schönberg to honor Luna Kaufman, Holocaust survivor, educator, activist, author and lecturer. A trustee and chairperson emerita of the Sister Rose Thering Fund for Jewish-Christian Studies, Kaufman is the recipient of an honorary doctorate from Seton Hall University in 2009 as well as the Knight's Cross of the Order of Merit, given to her by the president of Poland in 2011.

Kaufman's life illustrates the theme of the Power of One Voice. Luna and her mother were the only two family members to survive the death camps out of 70 family members. Luna served as the New Jersey Opera Board President and was responsible for bringing Hans Krassa's Brunidbar to North American audiences in 1988 and played a crucial organizational role in the creation of the Liberation Monument in New Jersey's Liberty Park.

Today she is a tireless champion of Jewish-Christian understanding, having been inspired by the late Sister Rose Thering, the Catholic nun and Seton Hall professor who led the fight to eliminate anti-Semitism from school textbooks. Kaufman is acknowledged for teaching the truest and most profound meaning of



Choir singing prayer for peace



Luna Kaufman wants this event to build bridges of peace among all peoples



Mark Delavan, baritone; Kelly Hall-Tompkins, violinist; Adam Klein, tenor; Karolina Pilou, mezzo soprano; Jordan Charney, actor

Photos / Courtesy Seton Hall University, NJ.

forgiveness and reconciliation despite experiencing circumstances unimaginable to most people.

"When I first came to Seton Hall, they asked me to discuss my experiences. I was so bewildered. What do they want to know? To me, at that point, I didn't talk about the Holocaust because who would talk about it? I was invited to come and talk for a Holocaust Observance in the Chapel. I had my prison uniform. When we left Poland, I was allowed to take only seven dresses, and among them I took this. They counted this as a dress. You know, a piece of fabric to buy and make myself a dress I can always do, but I wanted to have this as my memento. Why? I would never know. And I brought it and it traveled with me to Israel, and from Israel to here. They had it on the altar in the Chapel. I said, 'Now we have arrived someplace. And now we're joining hands and working together.' Shortly after, I met Sister Rose and we became joined together. I was so impressed by what she was doing and the Sister Rose Thering Fund and the University in continuing this work."

Kaufman shared why Schönberg's A Survivor from Auschwitz holds a special significance for her. She was incarcerated in a concentration camp very close to Warsaw and saw the flames of the uprising, hoping to be liberated. In the last minute, owners of the factory, who had purchased

her and the others for a few dollars each as slave laborers, sent them to Germany. There, she spent another two years in the camps.

"I returned to Poland on a trip with Governor Kean. We went to Auschwitz and Israel. The reporters asked me whether I feel some remorse or feeling like that. I said no."

She said, "I felt like a victor. I said this is my victory because I survived through, though I lost my father. I lost my sister. We are not going to (lie) down. I said, 'You know you have to go forward. You have to remember the Holocaust, but this is not enough. You have to do something about it. And you need to look at the other. When we were doing this concert this year I said make sure you include other genocides and other problems. This is a human issue, and we are part of humanity. To me this is a very important message that needs to be delivered."

Kaufman wants this event to build bridges of peace among all peoples.

"The significance of this concert is that people of all religions - Christianity, Judaism, Islam, Hinduism and Buddhism - will be here together and will listen. Pieces of music like Beethoven's Ninth unite people, giving them a message that we are in this world together and we have to work for peace. That's the only way we can have

some understanding," she explained.

Laurie Pine, Director of Media Relations, Seton Hall University with a sense of fulfillment, comments, "What an incredible tribute this is to messengers of peace both here and around the world! To witness more than a thousand people gathered together at the Prayer for Peace concert, expressing our humanity and embracing each other at such an important time in our shared history. It was a remarkable testament to what we all can achieve together. I was especially proud of our Seton Hall University students, who worked so hard to be able to achieve such a powerful message along with our friends from the MidAtlantic Opera Orchestra and such fabulous soloists, coming together as a community, making music, making art and inspiring us all to be messengers of peace. Most remarkable is Maestro Jason Tramm who infuses his love of music and teaching with a passion and purpose that continues to enrich the repertoire of Seton Hall. As the University's director of choral activities and an assistant professor, Jason has opened Seton Hall's doors to new musical experiences since his arrival in September 2011 and this is another gift he has given to all of us."

*(Mabel Pais is a freelance writer. She writes on The Arts and Entertainment, Social Issues, Health and Wellness, and Spirituality)*



# The Classical Music of India Melds with the Energy of Jazz: Tabla Virtuoso Zakir Hussain and Bassist-Composer Dave Holland Join in a Musical Tryst

BY MABEL PAIS

**NEW YORK (TIP):** Ustad Zakir Hussain reminisces "From the time I was 2 days old, it was his (father's) routine every day to sit for an hour or so to singing rhythms in my ear. So, by the time I was 3, when I could actually reach the tabla and had hands slightly bigger to get on to the tabla. I already had all this information in my head and this big jumbled confusion which I had really no idea know what to do with."

"So, I went through a confusing (for many people) being connected to Lord Ganesha, Lord Shiva, Krishna, Saraswati between 3 and 6 a.m.; and then between 7 and 7:45 dealing with the Quran, then from 8 to 8:20 dealing with the church and the hymns and the psalms, and so on. And then of course, going to school; and then (at home), the tabla."

**"From the day you are brought in from the nursing home (hospital in India) where you are born, you really are inducted (into music) You don't have a choice."**  
~Ustad Zakir Hussain~

"All- the Bible, the Quran, the Gita, the Torah, the Ramayana - all have said 'Love Thy Neighbor.' It appeared to be that way in my childhood."

Ustad Allarakha Qureshi, popularly known as Alla Rakha, Zakir Hussain's father, teacher and mentor, an internationally renowned top award-winning tabla maestro, specialized in Hindustani Classical music.

Ustad Zakir Hussain is a world-renowned tabla virtuoso, producer, film actor and composer. He's a two-time Grammy winner and a pioneer of world music. Among many other awards are the Padma Shree, the Padma Bhushan, The National Fellowship For The Arts and The National Endowment for the Arts.

One of India's reigning cultural ambassadors, Hussain is known worldwide for his brilliant playing - The Washington Post says that "his virtuosity is barely to be believed" - but his innovative collaborations have also made him a chief architect



*"It was the voice that gave him the gift of drumming when he was 2 days old in India in 1951" said David Green of NPR Radio. His name is Zakir Hussain. Left: Zakir Hussain. Right: Dave Holland*

of the contemporary world music movement.

GRAMMY-winning bassist-composer Dave Holland, enjoying his fifth decade as a jazz superstar, was recently classified as "a master bassist and bandleader, and one of the most sophisticated composers and arrangers in the jazz world" by The Boston Globe.

Holland has never stopped evolving, reinventing his concept and approach with each new project while constantly honing his instantly identifiable voice. Dave Holland has been at the

**"It's the human condition: joy, loneliness, love, companionship, communion, and hope. The things by which we live.... The fundamentals that make us what we are as humans. They cross over gender, race and everything."**  
~Dave Holland~

forefront of jazz in many of its forms since his earliest days.

As a leader and collaborator, Holland continues to tour the world and still serves the music in an educational role in Canada, the UK, the Berklee College of Music, and the New

England Conservatory.

Most recently, Holland was made an Honorary Member of the Royal Academy of Music (UK)-a rare honor as membership is limited to 300 living musicians-and he's been named a 2017 Jazz Master by the National Endowment for the Arts.

Over the years and through countless musical experiences, Holland defines his purpose as a musician-and he articulates it well: "I'm trying to create music that exists on multiple levels, such as simpler elements along with more complex elements."

"It's the human condition: joy, loneliness, love, companionship, communion, and hope. The fundamentals that make us what we are as humans. They cross over gender, race and everything. Cultural orientations may be different, but the fundamental truths people function under are still the same. It's about their family, their love, their nurturing, their

**"When we compose music, we always try to bring some new flavor in it. It's always exciting to create something which is not done before."**  
~Shankar Mahadevan~

wanting to belong, and their wanting to have hope."

As part of the CrossCurrents Music Tour that began in late October 2017 in the USA, The New Jersey Performing Arts Center (NJ PAC) presents Zakir Hussain & Dave Holland along with other musicians: superstar Bollywood vocalist and music composer, Shankar Mahadevan; guitarist-composer Sanjay Divecha; pianist Louiz Banks, a standard-bearer of India's contemporary jazz movement; sax player Chris Potter; and drummer Gino Banks.

CrossCurrents is a one-of-a-kind world music performance that melds the music of India with the energy of jazz, all built on the foundational duo of renowned tabla virtuoso Zakir Hussain and acclaimed bassist-composer Dave Holland. When Hussain and Holland get together to play, they mesh their

*contd on Page 32*

## MATTO CENTER FOR INDIA STUDIES CELEBRATES 20 YEARS WITH A \$5 MILLION ENDOWMENT AND A CHAIR

### National Model of Campus-Community Partnership

**STONEY BROOK, NJ (TIP):** "We need more Centers like this to train the new generation of Indian American leaders to swell the "Samosa Caucus" in the Congress," said Representative Raja Krishnamoorthi of the Eighth Congressional District (Illinois). He said that in the short span of two decades, it has emerged as national model of the Indian American community's engagement with a public university to create resources for a better understanding of India for the benefit of the campus and the community. He was speaking at a well-attended gala to celebrate Stony Brook university's two decades of the Center for India Studies' 20th anniversary.

Ambassador Sandeep Chakravorty, Consul General of India in New York, the guest of honor, commended the Center for making public service as much a priority as academic excellence. He said the Center's stellar accomplishments deserved to be known more widely, including in India.

Dr. Nirmal K. Mattoo, Chairman of the Center's Executive Committee, praised the university for its enlightened appreciation of the importance of India's contributions to knowledge and the India community for their steadfast and generous support of the Center's mission.

**Accomplishments:** Professor S.N. Sridhar, SUNY Distinguished Service Professor and founding Director of the Center, recounted the evolution of the Center from its modest origin in student demand for courses on India. He recalled that, working with the university



*Dr. Mattoo Center for India Studies celebrated 20 years with a \$5 million endowment and a Chair. L to R: Prof. Meena, Prof S. N Sridhar, Director Center for India Studies, Dr. Nirmal Mattoo, Chair Executive Committee Center for India Studies, Sudesh Mukhi, Consul General of India Sandeep Chakravorty, Dr. SachaKopp, Dean College of Arts and Sciences, Congressman 8th Dist. Illinois Raja Krishnamoorthi and President Samuel Stanley Jr. President, Stony Brook University (at right). Photo / Mohammed Jaffer-Snapsindia*

administration and Indian community, led first by Dr. Azad Anand and then by Dr. Mattoo, as partners, the Center successfully mainstreamed India studies into the core curriculum. It created structured programs, such as a Minor in South Asian Studies and helped offer a Major and Masters in Asian and Asian American Studies. Today, Stony Brook

teaches more than 30 courses on India every year, and over 22,000 students have taken courses on India.

The Center's accomplishments have exceeded expectations. The Arya India Studies Library features 13,000 titles; Its publication, Ananya: A Portrait of India includes articles by 40 of India's leading scholars. The Center is

leading an international consortium of translators of a Kannada Mahabharata to be published by Harvard University Press; its seminars, exhibits, lecture series, performing arts series have brought the best of India. It has conducted more than 200 outreach programs for schools, museums, and civic institutions and is serving as a resource to mainstream media, including PBS. It offers student scholarships and supports university departments, community associations, and student groups in their India-related initiatives.

**'JEWEL IN THE CROWN':** Students describe the Center's Study Abroad program in Bangalore as "life-changing;" alumni describe the Center as a "home away from home." Community leaders describe the Center as a proud community asset Stony Brook's former president, Dr. Shirley Strum Kenny, described the Center as "the jewel in the crown of Stony Brook."

**BIRTHDAY PRESENTS:** The Center received two wonderful presents on its 20th birthday: a permanent endowment and a prestigious endowed Chair. In a fund-raising campaign led by Dr. Nirmal Mattoo, Mr. Sreedhar Menon, Mr. Rakesh Kaul, and others, the Indian American community raised \$2.5 million dollars, which was matched dollar for dollar by the James and Marilyn Simons Foundation, resulting in a \$5 million impact, the largest endowment for India Studies at any public university in the U.S.

*contd on page 32*





## URVASHI RAUTELA'S TWITTER ACCOUNT HACKED

Model-actress Urvashi Rautela said her Twitter account was hacked and misused.

"I love being so popular and a b\*\*\*h," read a post on Urvashi's account on the micro-blogging site on Tuesday.

Urvashi later clarified through a tweet that the post was not made with her consent. "My Twitter has been seriously hacked and we are looking for the perpetrators," Urvashi tweeted to her over three lakh fans.

In another post, she wrote, "My Twitter handle hacked and will be restored shortly. If you see anything ambiguous, please know it's not me."

On the film front, Urvashi will next be seen in 'Hate Story 4', to release on March 2 next year.

# DEEPIKA SEEKS TO BRUSH AWAY 'PADMAVATI' REMUNERATION ROW

Actress Deepika Padukone on Tuesday sought to brush away the matter of her remuneration for Sanjay Leela Bhansali's 'Padmavati', which is reportedly more than co-stars Ranveer Singh and Shahid Kapoor, saying she was "comfortable" with what she got.

"Talking about my remuneration is not exciting for me. I am confident and comfortable with what I am paid," she said at the 3D version trailer launch of the upcoming film.

"But let me tell you something and this is something I am really proud of is the fact that people like them (co-producer Viacom and director Bhansali) have invested this kind of money on a film like this and poster like this...that for me is hugely encouraging... this is the biggest film that Indian cinema has seen not in just terms of scale but in terms of budget and resources, and what is the poster behind it? For me that is the turning point for Indian cinema," she added.

About the uni-brow looks her character Rani Padmini sports in the film, Deepika said she feels women are conditioned to think of beauty in certain way.

"Women have been conditioned to think of beauty in a certain way and I am glad with what we did with 'Padmavati' and my look. It takes immense amount of belief, not just for me but for my director as well, to take that risk. 'Padmini's beauty is beyond physical beauty. It is her soul, spirit and what she meant to her people. She is worshipped."

Deepika also said that the role was extremely challenging and different than Mastani in 'Bajirao Mastani'.

"Her (Rani Padmini's) battles were very different. Her power and energy is very different. She doesn't go out to battle field. She doesn't have a sword or armour, here the spirit is similar.

"Her purity, intensity and values, are very relatable and identifiable, yet not in a literal sense. And for an actor, I found that even more difficult," she said. "With Mastani, if I have to show a warrior princess, it is easier for me to have a sword, get a battle field, do horse-riding, and show exactly going to war is actually like.

"But how do you fight so much more than just a war? You're standing up for your tradition, culture, heritage, passion and love, there is so much that is going on, how do you stand up for all that, just by emoting without any tools. That is what I found extremely challenging for me, with Padmavati," she added.

On the tussle with Karni Sena and the recent Rangoli incident, Deepika said: "Whatever I had to say, I said it. Whatever was supposed to happen has happened! Like I always say, now nothing and no one can stop this film."

Source: IANS



## MOVIE REVIEW



### RUKH

Cast: Adarsh Gourav, Manoj Bajpayee, Smita Tambe, Kumud Mishra

Director: Atanu Mukherjee

**WHAT'S GOOD:** Attention staggering performances by everyone, path-less-travelled screenplay and a story that holds your guts till the last second.

**WHAT'S BAD:** Pace gets sluggish sometimes diverting your well-invested attention

**LOO BREAK:** Loo break in a whodunit thriller? You'll be declared as the murderer if you take one

**WATCH OR NOT?:** Watch it only if you've the patience to sit through and let the story sink in like a slow reacting drug.

Rukh is about the mysterious life of a textile businessman Diwakar (Manoj Bajpayee). He plays chess with his ill Father, talks with his wife and takes a drive which proves to be his last one. His son Dhruv (Adarsh Gourav) who was living his hostel life in exile returns to home facing this unfortunate death of his father.

The entire story is about the aftermath of Diwakar's death and Dhruv's inclusion in the investigation. It also unveils shades of people revolving around Diwakar's life. Adarsh's backstory dating back to his school time is also

showed mounting your doubts about the arising situations.

Atanu Mukherjee, never for a second makes you feel he's a debuting with Rukh. He effulgently carries multiple sub-plots within the story. Manoj Bajpayee, Adarsh Gourav, Kumud Mishra – everyone has abounding things going on yet so crisply managed by Atanu.

Entering Bollywood with a genre as risky as whodunit won Atanu brownie points even before it got released. To make your actors perform along with ensuring the story doesn't get blurred in the way is what a good director's basic job is. Atanu scores a home run on the first pitch of his career.

After playing small in My Name Is Khan and Mom, Adarsh Gourav has hit the ball out of the park with Rukh. He speaks with his silence. Staying calm and composed without getting boring is an achievement, Adarsh wins it.

Manoj Bajpayee has mastered the art of blowing everyone's mind with his performance every time. Though he's around for comparatively shorter screen time, his every second of presence makes you feel his pain.

Smita Tambe as Nandini (Diwakar's wife) is an artist who sketches her role with every passing second. By the end of the film, you saw her role as an abstract painting of sadness. Kumud Mishra who plays Manoj Bajpayee's businessman partner remains true to his character exploring different shades of him throughout.





## GWYNETH PALTROW REPRISES HER ROLE FROM 'SE7EN' FOR HALLOWEEN

Paying homage to the wild twist at the end of the movie 'Se7en,' Gwyneth Paltrow reprised her role from the 1995 thriller for Halloween. In the flick, the 45-year-old actress plays the wife of Brad Pitt's detective character, who's investigating a serial killer. Later, she gets murdered and beheaded by 'John Doe,' played by Kevin Spacey.

Taking to her Instagram page, the 'Iron-Man' star posted a photo of herself with her head in a box, sitting in a decorated bathtub with beau Brad Falchuk dressed as Spacey's character from the movie.

The cardboard box on her head is in reference to the film's ending, where Pitt's character finds her decapitated head. She captioned it with a festive pumpkin emoji.

# ANNABELLA SCIORRA CLAIMS HARVEY WEINSTEIN RAPED HER

**I**talian-American actor Annabella Sciorra has claimed that disgraced film producer Harvey Weinstein raped her in the 1990s, and sexually harassed her for years later.

Reportedly, the actor, who featured in Miramax's 'The Night We Never Met,' said she had to receive therapy after the movie mogul forced sexual intercourse on her and subsequently harassed her on numerous occasions afterwards.

Sciorra said after a dinner meeting Weinstein forced entry into her apartment and cornered her until she was backed into her bedroom. The actor said she resisted while Weinstein raped her. Sciorra said her body then began to shake violently, almost as if she were 'having a seizure,' and Weinstein left.

The 57-year-old actor said she got so scared after the alleged attack that she started sleeping with a baseball bat by her bedside and sought therapy.

"Like most of these women, I was so ashamed of what happened. And I fought. I fought. But still I was like, Why did I open that door? Who opens the door at that time of night? I was definitely embarrassed by it. I felt disgusting. I felt like I had f\*\*\*\*d up."

Sciorra said the film producer attempted to contact her again, and continued to make unwanted sexual advances.

"I'd come home from work and there'd be a message that Harvey Weinstein had called. For nights after, I couldn't sleep. I piled furniture in front of the door, like in the movies."

The actor admitted she was fearful of what might happen to her career if she told anyone about her experience and regrets 'not being stronger in the moment.'

Weinstein has been accused of sexual harassment, assault and rape by over 60 women. Sciorra is the latest addition to the growing list of women - including Lupita Nyong'o, Ashley Judd, Angelina Jolie, Gwyneth Paltrow and Heather Kerr - who have come forward to condemn the ousted Hollywood producer.

Source: PTI



## MOVIE REVIEW

### GEOSTORM

**Cast: Gerard Butler, Abbie Cornish, Jim Sturgess, Andy Garcia, Ed Harris, Alexandra Maria Lara, Eugenio Derbez, Daniel Wu, Robert Sheehan**

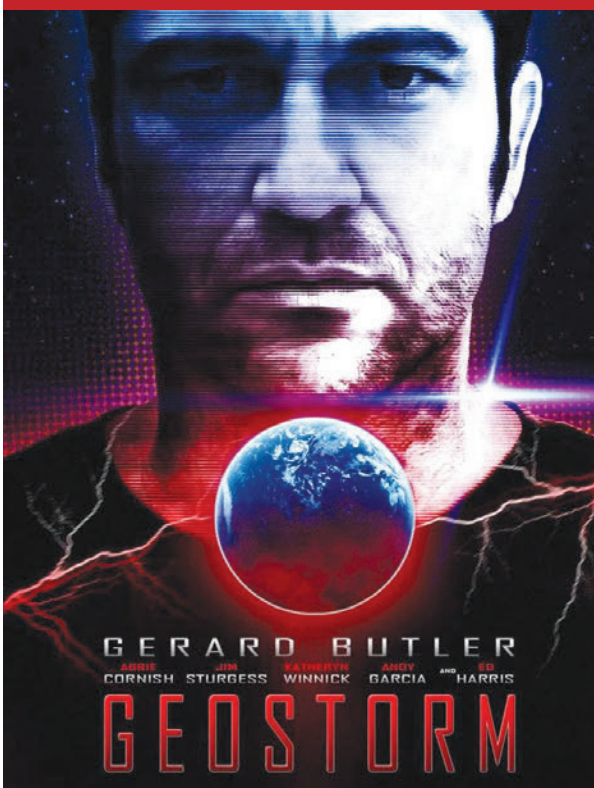
**Director - Dean Devlin**

In a near future where the earth is protected by a weather controlling space station called "Dutch Boy", a massive array of storms, directly caused by the now malfunctioning station, results in an international mission headed by its disgraced inventor (Gerard Butler). Meanwhile, his brother (Jim Sturgess) on earth discovers Dutch Boy's malfunction is due to the machinations of a group intent on assassinating the US president (Andy Garcia) and taking over whatever's left of the world after the storms wipes everyone out.

All bad movies are not created equal. This is something connoisseurs of les films de merde (translation: shit movies) such as myself know, and which is why GEOSTORM, after those first couple of trailers, became something of an event for those of my ilk (which would include Awfully Good columnists Jason Adams and Jesse Shade). Let me explain: there are "bad good films" and "good bad films." "Bad good films" are more common. In fact, this week's THE SNOWMAN is a bad good film, in that the elements are there, but something just went wrong resulting in boredom for all.

GEOSTORM, on the other hand, is a "good bad film", a much rarer find. These are the kinds of movies Jesse and Jason spotlight every week, or the crew at "How Did This Get Made" rejoice in (although I take issue with many of their choices). Taken as a tent pole blockbuster, GEOSTORM is undoubtedly one of the year's biggest disasters. One of the priciest films of the year and supposedly massively reshot (by none other than an uncredited Jerry Bruckheimer according to a THR article) since wrapping principal photography over two years ago, no one could ever call this a success. Any film that starts with what feels like a solid five minutes of exposition from a narrator (Talitha Bateman as Gerard Butler's precocious daughter), covering up what was probably a first act in another version of the movie, is off to a bad start. It's so haphazardly put together (likely due to so much time between the two shooting periods) that scenes barely match, with Butler's hair seeming significantly longer in some shots than others.

Former Roland Emmerich collaborator Dean Devlin's feature directorial debut, GEOSTORM will no doubt derail some of the people involved. It's such a mess that you wonder how such a huge gamble could go so wrong. Yet, for all its faults GEOSTORM is quite wonderful in its awfulness. Were this an actual spoof, it would be nowhere near as funny as it is. Everyone is so sincere, from Butler as the world's least likely scientist, to Sturgess as his politician brother and Abbie Cornish as his badass Secret servicewoman lover, that in its hopefully awry way GEOSTORM is perfect.





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# Sex scandal rocks UK Parliament: 10 points

**LONDON (TIP)** 1. A newspaper had reported last weekend that defence minister Michael Fallon had repeatedly touched a journalist's knee at a function in 2002. The journalist in question said she had shrugged off the incident, but reports suggested that other allegations about Fallon might soon emerge.

In his resignation letter to Prime Minister Theresa May, Fallon wrote that his "previous conduct ... may have fallen below the high standards that we require of the Armed Forces."

2. PM Theresa May has ordered an investigation following Conservative party activist Kate Maltby's allegations against Cabinet minister Damian Green, claiming he touched her knee and sent her provocative text messages in 2015.

Maltby wrote in the Times of London newspaper that under the pretext of offering her career advice, Green had given clear indications that he was sexually interested in her.

Green denied the allegations and called them shocking and "deeply hurtful."

3. In the opposition Labour Party, a worker said she was discouraged by higher-ups from reporting that she was raped at a Labour conference in 2011, when she was only 19. The party said it was investigating the report.

4. Indian-origin Labour party MP Lisa Nandy said she had raised concerns three years ago that party whips kept claims of sexual abuse as ammunition to control lawmakers, rather than dealing with the allegations.

"Three years ago, I brought evidence to her (Theresa May) in this House that whips had used information about sexual abuse to demand loyalty from MPs... On three occasions, I asked her to act and on three occasions she did not,"



Nandy claimed, demanding that the British prime minister take "concrete action" to tackle the issue now.

5. During her weekly session at the House of Commons, May told party whips to make it clear that allegations of crimes should be reported to police. She also asked other party leaders to meet her next week to discuss setting up an independent grievance procedure for people working in Parliament.

"We have a duty to ensure that everyone coming here to contribute to public life is treated with respect," May said.

6. Labour Party leader Jeremy Corbyn, one of whose own MPs - Jared O'Mara - has recently been suspended amid claims of misogynistic comments, said he was ready to meet the Speaker and Prime Minister to strengthen disciplinary procedures.

7. Earlier, it was widely reported by various media outlets that Conservative party staff have compiled a list of at

least 36 current Tory MPs against whom allegations of inappropriate behaviour have been made, including having affairs with junior colleagues and being "handsy" with women.

8. PM May has already called on the UK Cabinet Office to investigate the conduct of one of her junior ministers in the Department for International Trade, Mark Garnier, who admitted referring to his secretary with an inappropriate sexual phrase and sending her to buy sex toys for him back in 2010, before he was a minister.

9. Another senior Conservative party MP and former Cabinet minister, Stephen Crabb, has also admitted to sending "explicit" texts to a 19-year-old woman after she had been interviewed for a job by him.

10. Liberal Democrat leader Vince Cable signaled his support for May's initiative and said, "Parliament clearly needs improved procedures to respond to allegations of harassment". (TOI)

## Taxi hits pedestrians in central London; no terror angle: Police

**LONDON (TIP)**: British police say they are responding to a "serious injury accident" involving a taxi and pedestrians in London's busy Covent Garden area.

The Metropolitan police stated that the incident is not thought to be terrorism.

Witnesses reported on Twitter that a black London cab mounted the sidewalk Wednesday afternoon.

The Transport for London authority said a major road in the area was closed "due to a serious collision."

No other details were immediately available.

Covent Garden is one of London's most popular spots for tourists and visitors. (AP)

## China's Xi Jinping sends rare message to North Korea's Kim Jong-Un

**BEIJING (TIP)**: Chinese President Xi Jinping has sent North Korean leader Kim Jong-Un a rare message "out of politeness," Beijing said on Thursday, in his first public communication with his wayward neighbour for more than a year.

The note signalled a possible improvement in their strained relationship, which has soured over Pyongyang's growing weapons ambitions even though Beijing is its longtime ally and economic benefactor.

Xi's message, dated yesterday, was sent in response to congratulations from Kim last week for securing a second term as the head of China's ruling party.

"I wish that under the new situation the Chinese side would make efforts with the DPRK side to promote the relations between the two parties and the two countries to sustainable soundness and stable development," Xi said, according to the North's KCNA news agency, addressing Kim as "Comrade Chairman".

In his earlier note, Kim had offered Xi his "sincere congratulations" and expressed his belief that their relations would develop "in the interests of the people of the two countries".

Chinese foreign ministry spokeswoman Hua Chunying told a regular press briefing in Beijing on Thursday that North Korea's message was just one among many others received. Xi had responded "out of politeness," she said.

The last time KCNA reported a message from Xi was in July 2016. Analysts say that such exchanges have become extremely rare under the current leaders, even though Beijing and Pyongyang traditionally sent greetings and congratulations on each other's key anniversaries in the past.

Their relationship was forged in the bloodshed of the Korean War, when Mao Zedong sent millions of "volunteers" to fight US-led United Nations forces to a standstill.

Mao described the allies as close as "lips and teeth", and China has long been accused of failing to enforce United Nations sanctions against the North for its banned nuclear weapons and ballistic missile programmes, even after voting for them in the Security Council. (AFP)

## Turkey: 39 killed in clash between troops, Kurdish rebels

**ANKARA (TIP)**: Clashes between Turkish security force members and Kurdish militants in three mainly Kurdish provinces in southeastern Turkey on Thursday killed eight security force members and 31 militants, officials said.

A skirmish erupted near the town of Semdinli, in the province of Hakkari that borders Iraq, after the security forces spotted a group of rebels who were allegedly preparing to launch an attack, the military said. Six soldiers and two government-paid village guards aiding troops in the fight against the rebels were killed in the fighting.

An interior ministry statement said 19 rebels were killed in the clash as well as a wider, air power-backed operation launched to catch the militants.

Separately, nine rebels were killed in a clash in the province of Tunceli, while three others were killed in Sirnak province, the ministry said. The rebels of the Kurdistan Workers' Party, or PKK, have waged a three-decade-long insurgency in southeastern Turkey. The conflict has killed tens of thousands of people. The group is considered a terror organization by Turkey, the United States and the European Union. Violence flared again in 2015 after the collapse of a two-year peace process. In a speech in Ankara, President Recep Tayyip Erdogan vowed to press ahead with operations against the PKK. (AP)

# Spain likely to seek arrest of ousted Catalan leader, top judge says

**MADRID (TIP)**: Spanish courts are likely to issue a European arrest warrant for former Catalan president Carles Puigdemont after he failed to appear at a Spanish court hearing on Thursday, Spain's top judge said.

Puigdemont's lawyer in Belgium, where he has travelled with four members of his sacked cabinet, said the climate in Spain was "not good" and his client wanted to take "some distance"; but he would cooperate with the courts.

"If they ask, he will cooperate with Spanish and Belgian justice," lawyer Paul Bekaert told Reuters.

Prime Minister Mariano Rajoy sacked Puigdemont and his government on Friday, hours after the Catalan parliament made a unilateral declaration of independence - a vote boycotted by the opposition and declared illegal by Spanish courts. Puigdemont said on Wednesday he would ignore a court order to return to Spain to answer charges of rebellion, sedition and misuse of public funds relating to the region's secessionist push. He did not turn up at a high court hearing on Thursday. "When



someone doesn't appear after being cited by a judge to testify, in Spain or any other EU country, normally an arrest warrant is issued," said Supreme Court President Carlos Lesmes who is also the head of the General Council of the Judiciary, Spain's top judicial body. An arrest warrant would make it virtually impossible for Puigdemont to stand in a snap election in the wealthy region called by the Spanish government for

Dec. 21. The decision will be taken by a high court judge following the testimony of the remaining nine members of Puigdemont's sacked cabinet, including former vice-president Oriol Junqueras. Five senior regional lawmakers and the speaker of the Catalan parliament, Carme Forcadell, were also summoned by the Supreme Court, which handles the cases of people who enjoy parliamentary immunity. (Reuters)



# MESSAGE OF SHRI GURU NANAK DEV JI, THE FIRST GURU OF THE SIKHS

## Shri Guru Nanak Dev Ji's birth anniversary this year falls on November 4th

Sri Guru Nanak Dev ji was born in 1469 in Talwandi, a village in the Sheikhpura district, 65 kms. west of Lahore. His father was a village official in the local revenue administration. As a boy, Sri Guru Nanak learnt, besides the regional languages, Persian and Arabic. He was married in 1487 and was blessed with two sons, one in 1491 and the second in 1496. In 1485 he took up, at the instance of his brother-in-law, the appointment of an official in charge of the stores of Daulat Khan Lodhi, the Muslim ruler of the area at Sultanpur. It is there that he came into contact with Mardana, a Muslim minstrel (Mirasi) who was senior in age.

By all accounts, 1496 was the year of his enlightenment when he started on his mission. His first statement after his prophetic communion with God was "There is no Hindu, nor any Mussalman."

This is an announcement of supreme significance it declared not only the brotherhood of man and the fatherhood of God, but also his clear and primary interest not in any metaphysical doctrine but only in man and his fate.

It means love your neighbour as yourself. Gurdwara Nankana Sahib In addition, it emphasised, simultaneously the inalienable spirituo-moral combination of his message. Accompanied by Mardana, he began his missionary tours.

Apart from conveying his message and rendering help to the weak, he forcefully preached, both by precept and practice, against caste distinctions ritualism, idol worship and the pseudo-religious beliefs that had no spiritual content. He chose to mix with all.

He dined and lived with men of the lowest castes and classes Considering the then prevailing cultural practices and traditions, this was something socially and religiously unheard of in those days of rigid Hindu caste system sanctioned by the scriptures and the religiously approved notions of untouchability and pollution. It is a matter of great significance that at the very beginning of his mission, the Guru's first companion was a low caste Muslim.

The offerings he received during his tours, were distributed among the poor. Any surplus collected was given to his hosts to maintain a common kitchen, where all could sit and eat together without any distinction of caste and status.

This institution of common kitchen or langar became a major instrument of helping the poor, and a nucleus for religious gatherings of his society and of establishing the basic equality of all castes, classes and sexes.

When Guru Nanak Dev ji were 12 years old his father gave him twenty rupees and asked him to do a business, apparently to teach him business. Guru Nanak dev ji bought food for all the money and distributed among saints, and poor. When his father asked him what happened to business? He replied that he had done a "True business" at the place where Guru Nanak dev had fed the poor, this gurdwara was made and named Sacha Sauda.

Despite the hazards of travel in those times, he performed five long tours all over the country and even outside it. He visited most of the known religious places and centres of worship. At one time he preferred to dine at



the place of a low caste artisan, Bhai Lallo, instead of accepting the invitation of a high caste rich landlord, Malik Bhago, because the latter lived by exploitation of the poor and the former earned his bread by the sweat of his brow. This incident has been depicted by a symbolic representation of the reason for his preference. Sri Guru Nanak pressed in one hand the coarse loaf of bread from Lallo's hut and in the other the food from Bhago's house. Milk gushed forth from the loaf of Lallo's and blood from the delicacies of Bhago. This prescription for honest work and living and the condemnation of exploitation, coupled with the Guru's dictum that "riches cannot be gathered without sin and evil means," have, from the very beginning, continued to be the basic moral tenet with the Sikh mystics and the Sikh society.

During his tours, he visited numerous places of Hindu and Muslim worship. He explained and exposed through his preachings the incongruities and fruitlessness of ritualistic and ascetic practices. At Hardwar, when he found people throwing Ganges water towards the sun in the east as oblations to their ancestors in heaven, he started, as a measure of correction, throwing the water towards the West, in the direction of his fields in the Punjab. When ridiculed about his folly, he replied, "If Ganges water will reach your ancestors in heaven, why should the water I throw up not reach my fields in the Punjab, which are far less distant?"

He spent twenty five years of his life preaching from place to place. Many of his hymns were composed during this period. They represent answers to the major religious and social problems of the day and cogent responses to the situations and incidents that he came across. Some of the hymns convey

known as Nanak-panthies or Sikhs. The places where Sikh congregation and religious gatherings of his followers were held were called Dharamsalas. These were also the places for feeding the poor. Eventually, every Sikh home became a Dharamsala.

One thing is very evident. Guru Nanak had a distinct sense of his prophethood and that his mission was God-ordained. During his preachings, he himself announced. "O Lallo, as the words of the Lord come to me, so do I express them." Successors of Guru Nanak have also made similar statements indicating that they were the messengers of God. So often Guru Nanak refers to God as his Enlightener and Teacher. His statements clearly show his belief that God had commanded him to preach an entirely new religion, the central idea of which was the brotherhood of man and the fatherhood of God, shorn of all ritualism and priestcraft. During a dialogue with the Yogis, he stated that his mission was to help everyone. He came to be called a Guru in his lifetime. In Punjabi, the word Guru means both God and an enlightener or a prophet. During his life, his disciples were formed and came to be recognised as a separate community. He was accepted as a new religious prophet. His followers adopted a separate way of greeting each other with the words Sat Kartar (God is true).

Twentyfive years of his extensive preparatory tours and preachings across the length and breadth of the country clearly show his deep conviction that the people needed a new prophetic message which God had commanded him to deliver. He chose his successor and in his own life time established him as the future Guru or enlightener of the new community.

This step is of the greatest significance, showing Guru Nanak's determination and declaration that the mission which he had started and the community he had created were distinct and should be continued, promoted and developed. By the formal ceremony of appointing his successor and by giving him a new name, Angad (his part or limb), he laid down the clear principle of impersonality, unity and indivisibility of Guruship. At that time he addressed Angad by saying, Between thou and me there is now no difference.

In Guru Granth Sahib there is clear acceptance and proclamation of this identity of personality in the hymns of Satta-Balwand. This unity of spiritual personality of all the Gurus has a theological and mystic implication. It is also endorsed by the fact that each of the subsequent Gurus calls himself Nanak in his hymns. Never do they call themselves by their own names as was done by other Bhagats and Illyslics.

That Guru Nanak attached the highest importance to his mission is also evident from his selection of the successor by a system of test, and only when he was found perfect, was Guru Angad appointed as his successor. He was comparatively a new comer to the fold, and yet he was chosen in preference to the Guru's own son, Sri Chand, who also had the reputation of being a pious person, and Baba Budha, a devout Sikh of long standing, who during his own lifetime had the distinction of ceremonially installing all subsequent Gurus.

Source: Sikh-history.com

dialogues with Yogis in the Punjab and elsewhere. He denounced their methods of living and their religious views. During these tours he studied other religious systems like Hinduism, Jainism, Buddhism and Islam. At the same time, he preached the doctrines of his new religion and mission at the places and centres he visited. Since his mystic system almost completely reversed the trends, principles and practices of the then prevailing religions, he criticised and rejected virtually all the old beliefs, rituals and harmful practices existing in the country. This explains the necessity of his long and arduous tours and the variety and profusion of his hymns on all the religious, social, political and theological issues, practices and institutions of his period.

Finally, on the completion of his tours, he settled as a peasant farmer at Kartarpur, a village in the Punjab. Bhai Gurdas, the scribe of Guru Granth Sahib, was a devout and close associate of the third and the three subsequent Gurus. He was born 12 years after Guru Nanak's death and joined the Sikh mission in his very boyhood. He became the chief missionary agent of the Gurus.

Because of his intimate knowledge of the Sikh society and his being a near contemporary of Sri Guru Nanak, his writings are historically authentic and reliable. He writes that at Kartarpur Guru Nanak donned the robes of a peasant and continued his ministry. He organised Sikh societies at places he visited with their meeting places called Dharamsalas. A similar society was created at Kartarpur. In the morning, Japji was sung in the congregation. In the evening Sodar and Arti were recited. The Guru cultivated his lands and also continued with his mission and preachings. His followers throughout the country were



# TEACHINGS OF GURU NANAK DEV JI

Among the many philosophical foundations laid by Guru Nanak, his characterization of God is most recognizable. It forms the opening lines of Guru Granth Sahib. The translation is as follows:

*There is but One God, The Supreme Truth; The Ultimate Reality, The Creator; Without fear; Without enemies, Timeless is His image, Without Birth, Self Created, By His grace revealed.*

Guru Nanak's teachings can be found in the Sikh scripture Guru Granth Sahib, as a vast collection of revelatory verses recorded in Gurmukhi. Guru Nanak describes the dangers of the Egotism and calls upon devotees to engage in worship through the word of God. The word of God, cleanses the individual to make such worship possible. Guru Nanak warned against hypocrisy and falsehood saying that these are pervasive in humanity. Through popular tradition, Guru Nanak's teaching is understood to be practised in three ways:

**VAND CHHAKKNA:** *Sharing with others, helping those with less who are in need*

**KIRAT KARNA:** *Earning/making a living honestly, without exploitation or fraud*

**NAAM JAPNA:** *Chanting the Holy Name and thus remembering God at all times (ceaseless devotion to God)*

Guru Nanak put the greatest emphasis on the worship of the Word of God (Naam Japna). The crux of his teaching was "Equality of Humans" without distinction of caste or creed. Guru Nanak preached against discrimination and prejudices due to race, caste, status, etc. He didn't only preached these concepts he also took practical steps to achieve it. He started the institution of langar, where people have to sit together to eat without any distinction.

Guru Nanak believed in equality of men and women. He elevated the position of women by spreading this message: "From woman, man is born; within woman, man is conceived; to woman he is engaged and married. Woman becomes his friend; through woman, the future generations come. When his woman dies, he seeks another woman; to woman he is bound. So why call her bad? From her, kings are born. From woman, woman is born; without woman, there would be no one at all. O Nanak, only the True Lord is without a woman."

Besides rejecting the Hindu caste system, idolatry, and ritualism, Guru Nanak preached universal equality. In consistence with his message of equality, Guru Nanak scorned those who considered women to be evil and inferior to men by asking:

Why should we call her inferior, when it is she who gives birth to great persons?

## Travels

Guru Nanak is widely acknowledged to have made four major journeys, spanning thousands of kilometres. The first tour being east towards Bengal and Assam, the second south towards Tamil Nadu, the third north towards Kashmir, Ladakh, and Tibet, and the final tour west towards Baghdad, Mecca and Medina on the Arabian Peninsula. At Mecca, Guru Nanak was found sleeping with his feet towards the Kaaba mosque. Kazi Rukan-uddin, who observed this, angrily objected. Guru Nanak replied that it is not possible to turn his feet in a direction that did not have God or a house of God. The Kazi understood that the meaning of what the Guru was saying was "God is everywhere". The Kazi was struck with wonder.

## Personal Life

As a householder, Nanak continued to carry



out the mission of his life to lead people on the true path to God, to dispel superstition, to bring people out of ritualistic practises, to lead them directly to follow Gurbani without the need for priests and clergy, and to restrain and guard against the five thieves within – Pride, Anger, Greed, Attachment and Lust. The Guru witnessed the Mughal invasion of India, and saw the horrors inflicted upon the common people by the invaders. Though a pacifist, Guru Nanak did not hesitate to speak up against injustice:

*The kings are ravenous beasts, their ministers are dogs.*

*The Age is a Knife, and the Kings are Butchers.*

*In this dark night of evil, the moon of righteousness is nowhere visible.*

## Last years

As the end approached Guru Nanak would frequently test the devotion of his sons and nearest followers and in doing so demonstrate their state of mind to one another. There were numerous such occasions and one particular devotee, Bhai Lehna, rose to eminence because he never faltered in his faith in Guru Nanak. Guru Nanak appointed Bhai Lehna as the successor Guru, renaming him as Guru Angad, meaning "one's very own" or "part of you". Shortly after proclaiming Bhai Lehna as the next Guru, Nanak died on 22 September 1539 in Kartarpur, at the age of 69.





# USE BABY PRODUCTS SOFT AND SUPPLE SKIN

From achieving soft and supple skin to taking off your make-up, baby products can be used for numerous things in exchange of your everyday products!

Who said those baby products are only meant for babies? Go ahead and avail yourself of the tremendous beauty benefits that certain infant products offer. While certain adult beauty goods can be harsh on your skin, baby products promise to be soft and gentle as they are specifically designed for baby skin which is exceptionally sensitive. Here are a few baby products you can incorporate into your beauty regime.

## Baby Oil

Tired of rubbing your skin hard while taking off water-proof make-up? Stubborn products like mascara can be quite taxing to get rid off. In the process of getting off your makeup, you may end up being too harsh on your skin and pluck out a lash or two while taking off your liner and mascara. Baby oil graciously comes to your rescue here. Rich in mineral oils, it also proves to be an excellent skin moisturiser without clogging your pores.

## Baby Powder

If you are having a bad hair day and you want to achieve silky smooth hair by getting rid of the frizz, you should rub some baby powder along the lengths of your hair. You'll notice that your hair instantly gains back its bounce. Furthermore, baby powder can be applied to your underarms to avoid excess sweat.

## Baby Wipes

There is a vast variety of wet wipes in the market. However, baby wipes hoard jojoba oil content which is good for your skin and helps it glow. You can remove your make-up with these or simply clean your face when exposed to dirt and pollution. They instantly make you feel



fresh!

## Baby Soap

We all love those princess or lion and elephant shaped Doy Care soaps, don't we? Their cute appearance and mild fragrance make them worth buying. Not only Doy but various other brands like Johnson and Johnson's offer soap products which are rich in milk content and are extremely gentle on the skin.

Those with sensitive skin should undoubtedly opt for these.

## Baby Lotion

Many body lotions tend to give out an exceptionally strong sweet fragrance which can end up hurting your head. Unlike most body moisturisers, baby lotions are non-greasy and extremely hydrating. You should definitely give these a go!



## HOW TO TACKLE I HAVE NOTHING TO WEAR SITUATION

Do you encounter those 'nothing to wear' moments simply looking at your wardrobe despite it being packed with clothes? Get going, follow our tips and witness the gradual transition of your wardrobe—from dull and boring to fun and interesting.

### Take a stock inventory

Clear your closet of all that does not fit you or does not flatter your figure. This includes clothes you haven't worn in the last six months.

### Stock up on basics

If you have a great fitting pair of jeans or skirt or shirt, buy it in different colours. It's better to have more options of basics so it can be teamed up and down with other garments to get a new look each time. And you don't feel bored of seeing yourself in the same outfit each time.

### Invest in smart shopping

This implies stocking up on individual pieces that complement what you already have so you can add to the newness besides the basics. Generally, what is available in the stores is new, so you obviously don't need to worry about it being in trend. What suits you, your personality and your figure best is the best for you.

### Build a multi-utility wardrobe

You bought a pretty floral top two months back but it's just lying in your wardrobe and has never seen the light of day. Why? You're waiting to buy a smart pair of pants to go with it. Here's where a multi-utility wardrobe comes to your rescue—just open it and pull out a well-fitted pant to go with it.

### Learn the art of mix 'n' match

You don't have to always have to stick to clothes the way they come to you on a platter (read hanger). Think of all various permutations and combinations around your clothes to create newer looks with the same set of clothes. In short, practise the art of mixing and matching by putting your creative and aesthetic sense to use. You'll be amazed at all the various combinations that can make a chic style statement.

## FOOD CORNER

### PANEER CHILLI SAMOSA

#### INGREDIENTS

1-1 cups potatoes (boiled and groundnut) and flour, Half-a-half cup green peas (boiled) and spinach puree, 1-1 teaspoon ginger-green chilli-garlic paste, garam masala powder and red chilli powder, 2 tsp carrots, onions, cottage cheese and capsicum (cut into all small pieces), 2 tbsp semolina (Sooji), 2 tsp ghee, 2 tsp oil, 1/4 tsp turmeric powder, Salt to taste, Oil to fry



#### Method

- Heat the oil in a pan, add ginger-green chilli-garlic paste and fry until golden.
- Add red chilli powder, turmeric powder, garam masala powder, carrot, onion and capsicum and fry until the vegetables are soft.
- Add paneer, salt, potatoes and peas and fry for 2-3 minutes. Switch off by flame and let it cool down. For covering, knead the dough into semolina (sooji), ghee, salt, spinach. Make roti with the flour. Cut the semicircular cone angle.
- Fill 1 tbsp stuffing and paste the edges with water by shaping the samosa.
- Fry it in hot oil until golden. Serve with ketchup.

### CHOLE BHATURE

#### INGREDIENTS

150 grams chickpea gram, 2 Tomato Paste, 2 onions finely cut, 1 tsp garlic paste, 1-1 tsp poppy seeds and muskmelon seeds (soaked in water), 1 tablespoon curd, 2 Bay Leaves, 4 tbsp oil, Half teaspoon cumin seeds, 1 tsp Garam Masala, 1 tsp Chana masala, Green coriander, Little curd, Salt to taste,

#### For bhatura

100 gm flour, 1 tsp curd, Pinch, Oil to fry, Salt to taste

#### Method

- First, grind poppy seeds and muskmelon seeds.
- Soak the gram overnight and boil it the next day.
- Grate the onions and tomatoes separately.
- Heat the oil in the pan and add a teaspoon of cumin seeds. When cumin seeds begin to crack, add garlic and onions.
- Once the onions are light brown, add poppy seeds and turmeric paste and fry it. After this, add tomato paste and curd. Once the tomato becomes soft, add boiled gram, gram masala, garam masala and salt.
- Add 2 cups hot water and cook it. Serve warmly with green coriander.
- To make Bhatura, add water to the dough and knead it. Make it in the shape of the bhatura and fry it in oil.





# WAYS TO FIGHT A SUGAR BINGE

It's that time of year, and once again, you caved. You didn't just eat one piece of candy, you ate all the candy (or at least that's what it felt like). You know it's not the best move for your body—but now that it's done, is there anything you can do to counteract its effects?

While you can't erase those calories, there are some simple ways you can keep them from being immediately stored as fat and fend off the eventual energy crash (and junk-food cravings!) that can happen after eating too many sweets. Here are her tips for what to do next.

## Get some exercise

It can take a lot of physical activity to burn off one moment of weakness—you'd have to run almost 5 miles to cancel out the calories in a Dunkin' Donuts Apple Crumb donut, for example. But even if you can't entirely negate your dietary indiscretions, a little extra cardio is still better than nothing.

"What's even more important than burning off those calories is that exercise can reduce your appetite and reduce your cravings for additional sugar," says Dr. Tabatabai. She recommends going for a quick walk, adding an extra 15 minutes to your regular afternoon workout, or taking the stairs at lunchtime instead of the elevator. If you can get outside, even better: Research shows that exposure to sunlight can improve alertness—something you may be lacking once that blood-sugar crash kicks in.

## Cut carbs at your next meal

If your sugar binge happens before lunch or dinner, Dr. Tabatabai recommends eliminating bread and simple carbohydrates at your next meal. "If you've already had something sweet



and sugary, stick with salad and lean protein," she says. "You don't need the additional potato or pasta carbs piled on top."

This strategy will not only help keep your overall daily calories in check, she says, but it can help keep your blood-sugar levels stable so you'll stay energized throughout the day.

## Drink a glass (or two) of water

You may be tempted to guzzle coffee once you start to feel the effects of your sugar crash, but the buzz you get from caffeine will be short-lived. Instead, stay hydrated by drinking plenty of good old H<sub>2</sub>O.

"Drinking extra water can actually help flush out some of the extra sugar you've eaten," she says. Plus, it can prevent dehydration—which has been shown to cause drowsiness, even in mild cases. If you really need caffeine, opt for a cup of tea without sugar.

## Have a high-protein snack

No matter how many calories you ingest during a junk-food binge, chances are you'll feel hungry again

about two hours later, says Dr. Tabatabai, thanks to your rapidly declining blood-sugar levels. If you're not due for a meal (see above), satisfy your appetite with a 100- to 200-calorie, high-protein snack.

"Have an apple with peanut butter, a hard-boiled egg, some Greek yogurt—something that's low in simple sugars that will help you feel full until your next meal," she says.

## Stay on your feet

Resist the urge to slump in your chair all afternoon; instead, try to spend as much time standing up as possible. In a 2011 study published by the Centers for Disease Control and Prevention, the majority of people who used a standing desk at work for seven weeks reported that they felt more energized, more focused, and more productive.

Plus, standing will automatically burn off more of those calories than sitting, and a recent Australian study shows that alternating bouts of sitting and standing throughout the day can help lower elevated blood-sugar levels, as well. *Source: Health.com*



## WHAT HAPPENS TO YOUR BODY WHEN YOU EAT GREASY FOOD

Sometimes, a juicy cheeseburger and an order of hot, crispy fries simply call your name. While it's fine to give in to your cravings now and then, it's important to know how your nutrition choices, and those greasy foods in particular, affect your health.

Here's what eating greasy foods does to your body.

### It strains your digestive system

"When we eat greasy foods like fried food, the sheer volume of fat puts a lot of pressure on our digestive system. Of fat, carbs and protein, fat is the most slowly digested, and it requires enzymes and digestive juices, like bile and stomach acid, to break it down, she says. Everything from stress to medication can lower levels of these digestive juices, so many people are deficient to begin with, Barmmer says. Add in fat, and your digestive system will be working overtime, often leading to bloating, nausea and discomfort.

### It makes you run to the bathroom

The most common symptom of digestive strain is an unpleasant one. Not only will food just sit in your stomach, but it may enter the intestines inadequately digested. Sometimes you wind up seeing greasy or oily stools in these cases. Many people also experience diarrhea and stomach pain after eating greasy food.

### It throws your gut bacteria out of whack

More and more evidence suggests that what you eat affects your gut bacteria, also known as your microbiome. Downing a cheeseburger and fries, Barmmer says, isn't doing those microorganisms any favors. Greasy foods do not contain the nourishing, healthy fats that we find in things like avocados, fish, extra virgin olive oil and even butte. Eating more refined vegetable oils than nourishing fats, she says, tips the body's balance of fatty acids, which in turn may throw off everything from hormone levels to immune health.

### Greasy food may cause acne

You may not see zits directly after a big meal, but Barmmer says that greasy food likely does play a role in acne. The effect is indirect, occurring over time and as a result of a dietary pattern of eating. Acne is largely caused by hormonal imbalances and/or bacterial imbalances, so greasy foods cause acne by way of harming gut health.

### It raises your risk for heart disease and diabetes

If your diet consistently includes greasy foods, Barmmer says, you'll likely see your risk for chronic conditions—particularly heart disease—go up. A 2014 study from researchers at the Harvard T.H. Chan School of Public Health found that people who ate fried foods between four and six times per week saw their risk for Type 2 diabetes climb 39%, and their risk for coronary heart disease increase by 23%. For people who ate it every day, those percentages only got higher.

## Daily aspirin use may cut digestive cancer risk

**HONG KONG (TIP):** Individuals who regularly use pain reliever aspirin are likely to experience a significant reduction in digestive cancer risk, finds a study involving over 600,000 people.



The findings showed that patients who were prescribed aspirin daily showed a 47 per cent reduction in liver and oesophageal cancer incidence.

Gastric cancer reduced by 38 per cent, pancreatic cancer by 34 per cent while colorectal cancer by 24 per cent, it said.

Digestive cancers account for almost a quarter of cancer cases in Europe.

Colorectal, gastric and pancreatic cancer are within the top five cancer killers throughout the continent, with digestive cancers representing 30.1 per cent of cancer deaths.

"The findings demonstrate that the long-term use of aspirin can reduce the risk of developing many major cancers," said lead researcher Kelvin Tsoi, Professor at the Chinese University of Hong Kong.

"What should be noted is the significance of the results for cancers within the digestive tract, where the reductions in cancer incidence were all very substantial, especially for liver and oesophageal cancer," Tsoi added. *Source: IANS*

## Experimental vaccine may protect against HIV

**WASHINGTON (TIP):** Scientists have developed a novel vaccine candidate that may prevent HIV infection by stimulating an immune response against sugars that form a protective shield around the virus.

"An obstacle to creating an effective HIV vaccine is the difficulty of getting the immune system to generate antibodies against the sugar shield of multiple HIV strains," said Lai-Xi Wang, a professor at University of Maryland in the US.

"Our method addresses this problem by designing a vaccine component that mimics a protein-sugar part of this shield," said Wang.

Researchers designed a vaccine candidate using an HIV protein fragment linked to a sugar group. When injected into rabbits, the vaccine candidate stimulated antibody responses against the sugar shield in four different HIV strains.

The protein fragment of the vaccine candidate comes from gp120, a protein that covers HIV like a protective envelope.

A sugar shield covers the gp120 envelope, bolstering HIV's defenses. The rare HIV-infected individuals who can keep the virus at bay without medication typically have antibodies that attack gp120.

Researchers have tried to create an HIV vaccine targeting gp120, but had little success as the sugar shield on HIV resembles sugars found in the human body and therefore does not stimulate a strong immune response. *Source: PTI*

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### DR. SATISH AND GITANJLI ANAND

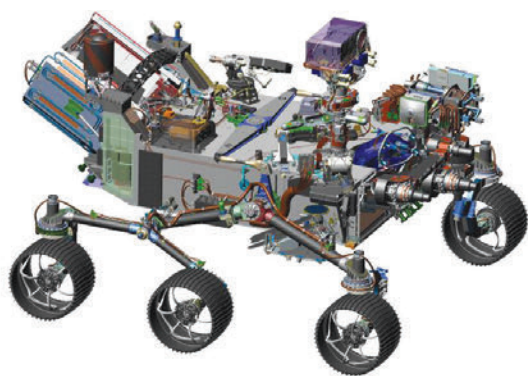


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## NASA'S 2020 MARS ROVER TO HAVE 23 'EYES'



**WASHINGTON (TIP):** NASA said its Mars 2020 mission would have more "eyes" than any rover before it — a grand total of 23, to create sweeping panoramas, reveal obstacles, study the atmosphere and assist science instruments.

They will provide dramatic views during the rover's descent to Mars and be the first to capture images of a parachute as it opens on another planet.

There will even be a camera inside the rover's body, which will study samples as they are stored and left on the surface for collection by a future mission, NASA said on Tuesday.

When NASA's Mars Pathfinder touched down in 1997, it had five cameras. The subsequent Spirit and Opportunity rovers were designed with 10 cameras each, including on their landers. The Curiosity rover has 17 cameras.

"Camera technology keeps improving," said Justin Maki of NASA's Jet Propulsion Laboratory in Pasadena, California.

"Each successive mission is able to utilise these improvements, with better performance and lower cost," Maki said.

The cameras on 2020 will include more colour and 3-D imaging than on Curiosity, said Jim Bell of Arizona State University.

"Routinely using 3-D images at high resolution could pay off in a big way," Bell said. "They're useful for both long-range and near-field science targets." *Source: IANS*

## BUGS FOUND IN GOOGLE'S BUG TRACKER



**SAN FRANCISCO (TIP):** A security researcher has discovered bugs in Google's platform that deals with bugs and unpatched vulnerabilities, leading him to gain access to the company's sensitive internal systems.

According to a report in Motherboard in Wednesday, Alex Birsan found vulnerabilities inside the Google Issue Tracker — used internally to track bugs and feature requests during product development.

The largest one of these was one that allowed the researcher to access the internal platform at all. The company has quickly patched the bugs found by Birsan and there's no evidence anyone else found the bugs and exploited them, the report added.

Birsan found three bugs in the platform.

"Exploiting this bug gives you access to every vulnerability report anyone sends to Google until they catch on to the fact that you're spying on them," Birsan told Motherboard.

"They are all patched now and he received rewards of \$3,133.7, \$5,000, and \$7,500 for reporting them to Google," the report said.

Issue Tracker is available outside of Google for use by external public and partner users who need to collaborate with Google teams on specific projects.

The platform has access control permissions that govern which users can find, view, create and modify issues for each project.

"We appreciate Alex's report. We've patched the vulnerabilities that he reported, as well as their variants," a Google spokesperson was quoted as saying. *Source: IANS*

# 'INVISIBLE GLASS' COULD HELP REDUCE SMARTPHONE GLARES

**WASHINGTON (TIP):** You may soon be able to read from your smartphone even under bright sunlight, thanks to 'invisible glass' developed by scientists — including those from India — that reflects almost no light.

Most of today's electronics devices are equipped with glass or plastic covers for protection against dust, moisture, and other environmental contaminants, but light reflection from these surfaces can make information displayed on the screens difficult to see.

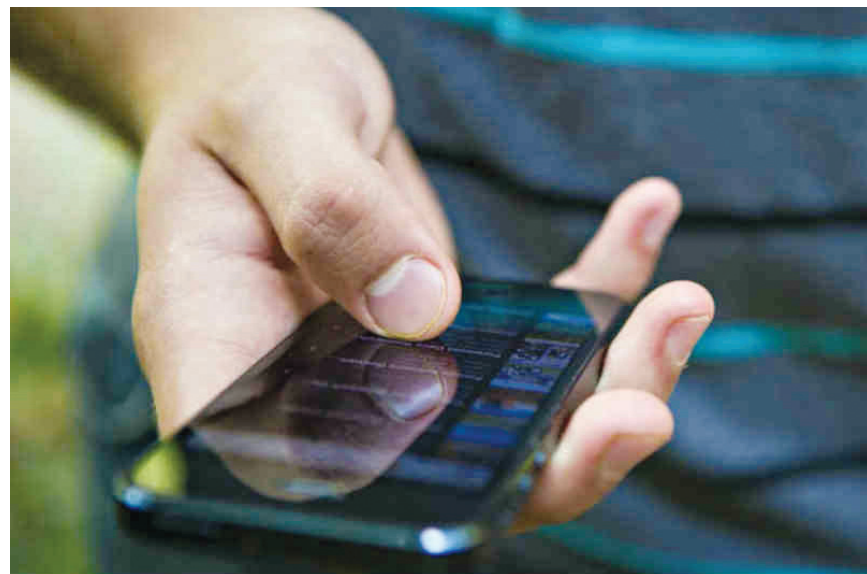
Scientists from the Indian Institute of Science Education and Research (IISER) Pune in Maharashtra and the US Center for Functional Nanomaterials (CFN) have demonstrated a method for reducing the surface reflections from glass surfaces to nearly zero by etching tiny nanoscale features into them.

Whenever light abruptly enters one medium from another, a portion of the light is reflected. The nanoscale features have the effect of making the refractive index change gradually from that of air to that of glass, thereby avoiding reflections.

The ultra-transparent nanotextured glass is antireflective over the entire visible and near-infrared spectrum, and across a wide range of viewing angles.

Reflections are reduced so much that the glass essentially becomes invisible.

This "invisible glass" could do more than improve the user experience for consumer electronic displays. It could



enhance the energy-conversion efficiency of solar cells by minimising the amount of sunlight lost to reflection.

It could also be a promising alternative to the damage-prone antireflective coatings conventionally used in lasers that emit powerful pulses of light, such as those applied to the manufacture of medical devices and aerospace components.

"We're excited about the possibilities," said CFN Director Charles Black.

"Not only is the performance of these nanostructured materials extremely high, but we're also implementing ideas from nanoscience in a manner that we

believe is conducive to large-scale manufacturing," said Black, corresponding author of the study published in the journal *Applied Physics Letters*.

"This simple technique can be used to nanotexture almost any material with precise control over the size and shape of the nanostructures," said Atikur Rahman, an assistant professor at IISER Pune. "The best thing is that you don't need a separate coating layer to reduce glare, and the nanotextured surfaces outperform any coating material available today," Rahman said.

*Source: PTI*

## Smartphone-based ultrasound machine can detect cancer

**BOSTON (TIP):** Scientists have developed a novel smartphone-based portable ultrasound machine that can help detect cancer easily at home.

The machine called Butterfly IQ is a pocket-sized ultrasound device that is the size and shape of an electric razor.

Researchers from Butterfly Network, a US based start up, developed the device that works by shooting sound waves into the body and capturing the echoes.

Usually, the sound waves are generated by a vibrating crystal. However, this machine uses 9,000 tiny drums etched onto a semiconductor chip, 'MIT Technology Review' reported.

Earlier this year, John Martin, chief medical officer at Butterfly Network, discovered a cancerous mass in his own throat while testing the device.

Martin had been having an uncomfortable feeling of thickness in his throat. He used the device, which was connected to his smartphone, to obtain black-and grey images.

He found a 3-cm mass that was diagnosed as squamous-cell cancer — a form of skin cancer that develops in the cells of the outer layer of the skin.



"The device gives you the ability to do everything at the bedside: you can pull it out of your pocket and scan the whole body," Martin said.

"To look at this as just an ultrasound device is like looking at an iPhone and saying it is just a phone. If you have a window into the body where anyone can afford it, everyone can use it, and everyone can interpret it, it becomes a heck of a lot more than an ultrasound device," he added. *Source: PTI*

## New AI system can predict earthquakes

**LONDON (TIP):** Scientists have developed an artificial intelligence (AI) system to successfully predict earthquakes, an advance that may help prepare for natural disasters and potentially save lives.

The study, published in the journal *Geophysical Research Letters*, identified a hidden signal leading up to earthquakes, and used this 'fingerprint' to train a machine learning algorithm to predict future earthquakes.

Researchers from University of Cambridge in the UK and Boston University in the US studied the interactions among earthquakes, precursor quakes and faults, with the hope of developing a method to predict earthquakes.

Using a lab-based system that mimics real earthquakes, they used machine learning techniques to analyse the acoustic signals coming from the 'fault' as it moved and search for patterns.

Researchers used steel blocks to closely mimic the physical forces at work in a real earthquake, and also records the seismic signals and sounds that are emitted. Machine learning was then used to find the relationship between the acoustic signal coming from the fault and how close it is to failing. *Source: PTI*



# INDIA JUMPS 30 NOTCHES TO 100TH PLACE IN 'EASE OF DOING BUSINESS'

**WASHINGTON/NEW DELHI (TIP):** India has jumped 30 places to rank 100th in the World Bank's 'ease of doing business' ranking, sending the jubilant government to vow to continue reforms that will help the country break into top 50 in coming years.

India, which was ranked 142nd when the Narendra Modi government took office in 2014 and 130th last year, is the only large country this year to have achieved such a significant shift on the back of reforms in taxation, construction permits, investor protection and bankruptcy resolution.

The World Bank said it is "one of the top 10 improvers in this year's assessment, having implemented reforms in 8 out of 10 'doing business' indicators." This is the first time India has broken into top 100 nations.

Reacting to the development, Prime Minister Narendra Modi said the government is determined to further improve the rankings and scale greater economic growth with the mantra of 'reform, perform and transform'.

He hailed as "historic" the jump in India's ranking in 'ease of doing business' and said it was a result of "all-round & multi-sectoral reform push".

Addressing the media in New Delhi, Finance Minister Arun Jaitley said, "This is the highest jump that we have made in doing business ranking and it is



significant for India because for the last 3-4 years we are trying to improve upon all the 10 parameters (of ranking) so that it becomes easy to do business in India."

In its annual report 'Doing Business 2018: Reforming to Create Jobs', the World Bank said that India's ranking reflects nearly half of the 37 reforms, adopted since 2003, implemented in the last four years.

With June as cut-off for assessing business environment, the ranking does not take into account the landmark reform of Goods and Services Tax (GST), which from July 1 weaved the country of 1.3 billion into one market with one tax and removed inter-state

barriers for trade. Also, demonetisation has not been covered in the report.

The ranking comes as a shot in the arm for the government that has been battling dissenting voices against the way GST was implemented and growth being hit, although temporarily, due to demonetisation of higher denomination currency.

"In 3 years, from 142 we have come to 100. And I think in those areas where we are still lagging behind, there is a sufficient amount of work in progress. There is a reason to believe that we have a capacity to further significantly improve our position," Jaitley said.

Source: PTI

## AIR INDIA EXPLORES OPERATING TEL AVIV FLIGHTS FROM MUMBAI

**NEW DELHI (TIP):** Air India is examining the possibility of operating flights from Mumbai to Tel Aviv as the carrier weighs various options amid issues of overflying rights, a senior airline official said.



While the flagship carrier has been expanding its international presence, efforts to restart services to Israel are yet to take off. There were plans to commence the flight to Tel Aviv earlier this year.

In the last four years, the airline has started services to 14 international destinations, with the latest being direct flight from the national capital to Danish capital Copenhagen.

According to the official, the flight to Tel Aviv could have been started earlier, but the route available as of now is very long.

A flight of more than nine-hour long journey to the Israeli city from Delhi would make the operations "commercially unviable" since duration of a flight on a straight route to this destination would take only around five-and-a-half hours, the official told PTI.

Against the backdrop of geopolitical issues, there are issues related to getting permission to overfly certain countries to reach Tel Aviv.

In case, Air India is not getting permission to fly over countries such as Saudi Arabia and the UAE, other options will be looked at, the official said.

Source: PTI

## ADANI BUYS RINFRA'S SCHEMES FOR RS 1,000 CR

**NEW DELHI:** Adani Transmission on Wednesday said it has completed the acquisition of operational transmission assets of WRSS Schemes of Reliance Infra for Rs 1,000 crore. In effect, its power-wheeling network crossed the 8,500 circuit km mark. "Adani Transmission attains a new milestone of 8,500 ckt kms of transmission lines in operation by completing the acquisition of operational transmission assets of Western Region Strengthening System Schemes — B and C of Rel Infrastructure," it said.

Source: PTI

## MARKETS AT LIFETIME HIGH AFTER WB LEAP

**MUMBAI (TIP):** India leapfrogging on the World Bank's Ease of Doing Business rankings took stocks to dizzying heights on Wednesday as the Nifty closed above 10,400 for the first time and the Sensex shot up 387 points to a record. India improved its rank considerably as it went up 30 notches to the 100th place in the World Bank report, which was released on Tuesday. Eight core sectors provided more tail-wind which grew at a six-month high of 5.2% in September.

## SAMSUNG REPORTS \$9BN PROFIT IN Q3

**SEOUL (TIP):** South Korean tech giant Samsung Electronics achieved a net profit in the third quarter of 11.1 trillion won (\$9.89 billion).

A 245 per cent increase from a year earlier, boosted by the strong returns from its chip business, the company announced.

Its operating profit in the July-September period reached 14.53 trillion won, representing a 279.4 per cent increase, the company said in a statement.

Sales also rose by 29.7 per cent to stand at a record high of 62 trillion won, reports Efe news.

Both the operating profit and the sales revenue of the electronics giant are in line with its forecasts published on October 13.

The semiconductor business was again its brightest sector in the third quarter, with a record operating profit of 9.96 trillion won, which is almost three times as much as a year ago due to rising seasonal demand and the price increase of its products.

The company also reported that the IT and Mobile Communications division, which includes smartphones, posted an operating profit of 3.29 trillion won. Source: IANS

# Manufacturing activity stagnates in Oct as GST rollout hits flow of new orders

**NEW DELHI (TIP):** Manufacturing activity in India slackened in October as new orders stagnated in the wake of subdued demand conditions, largely due to "negative impacts" of GST, a monthly survey said.

The Nikkei India Manufacturing Purchasing Managers' Index (PMI) fell to 50.3 in October, from 51.2 in September, indicating a "broad stagnation" in the manufacturing sector.

This is for the third consecutive month that the index has come in above 50 that separates expansion from contraction.

The decline in manufacturing activity was mostly because of stagnation in new business as "negative impacts" of GST led to subdued demand conditions. Moreover, new export orders dropped at the fastest pace since September 2013.

"India's manufacturing companies struggled somewhat as the recent recovery enjoyed by the sector lost impetus in October," said Aashna Dodhia, Economist at IHS Markit and author of the report, adding that "manufacturing production rose at the weakest pace in the current sequence of growth".

Dodhia further noted that "inflows of new orders stagnated as the negative effects arising from implementation of GST continued to dampen demand

### RESTOCKING BOUNCE SHORT-LIVED

- This is for the third consecutive month that the index has come in above 50 that separates expansion from contraction
- The decline in manufacturing activity was mostly because of stagnation in new business as "negative impacts" of GST led to subdued demand conditions
- Moreover, new export orders dropped at the fastest pace since September 2013
- Business confidence eased to the weakest since February as some firms expressed concerns over negative GST effects



levels. Furthermore, overseas demand for Indian goods dipped to the greatest extent since September 2013".

The silver lining, however, is firms added to their payroll numbers at a similar pace to that of September in response to greater volumes of outstanding business.

On the price front, input cost pressures rose at the fastest pace since May. Subsequently, firms reportedly raised their output prices to pass on greater cost burden to clients and protect their profit margins. Meanwhile, the level of business confidence eased to

the weakest since February.

"Business confidence eased to the weakest since February as some firms expressed concerns over negative GST effects.

However, those manufacturers that were optimistic forecast benefits of GST materializing over the next 12 months," Dodhia added.

The October manufacturing PMI data comes in sharp contrast to the robust show by India on World Bank's Ease of Doing Business ranking. India jumped 30 notches to the 100th place in the latest compilation. Source: PTI





## BEJAN DARUWALLA

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# Horoscope Forecast for NOVEMBER 2017

Today there is computerized voice type analysis. My observation is you, Scorpio, Taurus and Libra are blessed with the baritone which persuades people to do your bidding. This is certainly yoga time or yoke time or partnerships of all possible sorts. I suggest yoga and partnership with God will be exceptionally fruitful. Enjoy it. Life is sweet but short.

Ganesha says cross over time, Olympian hop-step-jump time as Jupiter the protector of the cosmos steps into Scorpio from October 11 this year. It means big push to designer babies, all chemicals and genes, buying and selling, magic, mystery and mastery of the flesh and the spirit. This awesome period will last till November 8, 2018. Genes, chemicals, climate changes, bio-pharmaceuticals show the way to a brighter future. Not to worry. It is absolutely certain that there will be the mighty marriage of technology and humanity beyond all that you can even imagine. Take heart, and march onwards spiritual warrior!

**ARIES:** Ganesha says this is the time for action and you are never one to run away from the good fight! In fact, you love hard work and the desire for recognition in the world is also deeply embedded in them. You are full of zest and make marked progress with determined effort. Power, prestige, perks, pelf and property are all yours for the asking. You are ruthless and merciless at the start and nothing has the gumption to even get in your way: you bulldoze your way past all roadblocks.

**TAURUS:** You continue with gusto; in fact, you pick up more speed. You are moving like a rejuvenated Brett Lee. You mean business and get things done with frantic speed efficiency. Property matters, inheritance, new acquisitions and high-end real-estate deals come into sharp focus. You are fiery and brook no opposition. There is travel and collaborations, and many new vistas are reached for in your professional life.

**GEMINI:** You finally make room in your life for emotions and feelings. Your first needs are money, recognition and a position of control and once they are in place, you look for love. All your feelings are neatly compartmentalised. The family comes into play here. There is love and bonding. You try to include them in your plans so they understand you better; it is also so much easier to trust family and include them in all your new schemes rather than put your trust in strangers.

**CANCER:** The intense phase resumes and you are charging like a bull at the matador's cape. You have created a balance in your personal and professional life, and now you move ahead to seize the opportunities that come your way. Your achievements are all well deserved and you bask in the glory of a job well done. There is also some fun and partying and even, possibly, a new romance. Don't lose your head and overdo it. There is passion and, possibly, great intimacy, but watch where you are going.

**LEO:** There is a lull after the storm. You need a) to communicate with people and b) to slow down a bit. There are many new ideas to grapple with and you need to discuss all this. There is a chance of new and meaningful relationships developing. There is closer and more intimate bonding as you want to communicate your feelings, your grand plans and work ethic. There is travel thrown in and you meet people from many different walks of life.

**VIRGO:** Somehow, all at once, this is the phase when everything gets more hectic. There will be skyrocketing expenses and new sources of income too. You are on a spending spree and buying the best brands. Money is coming from all your ventures, and so you are not unduly bothered. Money wields its own power and you love the feeling. There will be family outings, meetings up with old friends, visits to sanctuaries and parks and many fun times.

**LIBRA:** There is a lot of waste and extravagance that you have to guard against. As you know, a penny saved is a penny earned. So you need to rein in your expenses. There will be other preoccupations too as you will also have to look into domestic affairs and little details like children's education, parents / in-laws health, schooling and the other mundane details and demands of everyday life.

**SCORPIO:** You are reaching out in a big way, in all directions, to all you meet. There is expansion not only in your work but also in your consciousness. You bow down before a higher power and are drawn deeply towards spiritualism, philosophy, moral and social issues, and even religious rites. There will be meetings with old acquaintances and you enjoy happy times with them. Friends mean a lot to you and you realise, in your quieter moments, that life is not all about achievement and money and fame.

**SAGITTARIUS:** The new developments in your life make you very emotional and sentimental. Spiritualism, prayer, tantra and mantra, a lot of meditation and contemplation, the higher values and social questions of law, order, balance and justice will become a part of your psyche. Your realities get subjective and you look at all-round growth. There are strong shifts away from the worldly plane and the new values you are toying with get deeply ingrained in your personality and life, leading to very intense bonding.

**CAPRICORN:** You are communicating with both fervour and fire. You meet up with new collaborators and discuss grand plans. There are many expenses and you are a bit confused: should you move ahead full steam or slow down a bit and smell the roses. Expenses will grow almost unmanageably and there is no respite from them. You feel that you are at your wit's end but Ganesha sends down hope.

**AQUARIUS:** You are not one to be knocked down easily by life's blows. You are tough and get back on track fairly quickly and well. Not for nothing is Aquarius called one of the most powerful signs of the zodiac. The office and home need your attention along with many domestic issues. The health of family members and even pets will need looking into and you get down to handling it all. But you will definitely be pulled in many directions. Due to all this, your own health may suffer too; you need to take the necessary precautions.

**PISCES:** New opportunities keep knocking at your door. There is more work and more money to be made, along with journeys, legal matters and lawsuits to keep you busy and involved. There will be heavy expenses to meet once again, but you find the strength and finances to cope and that, too, with great dignity. You realise that worries and troubles are bound to be there and that life has its thorns. There is enormous tension, but you somehow find the sources to manage it all.

Bejan Daruwalla is world's most famous astrologer today. He appears regularly on world wide TV shows. Bejan who has been a professor in English, has authored a number of books on astrology. India's Prime Minister Narendra Modi, on March 29, 2012, lunched one of Bejan's books, '2012-End of the World? Bejan contributes to a number of

journals and newspapers in many parts of the world which include Berkley Communications (London) Times of India (Delhi, Mumbai, Kolkata, Chennai) and The Indian Panorama (New York and Texas). Bejan's predictions have mostly been correct and people the world over rely on his predictions.

Bejan Daruwalla is available for astrological consultations. He can be reached at [info@bejandaruwalla.com](mailto:info@bejandaruwalla.com) and on phone 011-91-8141234275 [www.bejandaruwalla.com](http://www.bejandaruwalla.com)



# BHAGAVAD GITA: HUMAN SUFFERING IS REAL, BUT NOT PERMANENT

The Bhagavadgita begins with the theme of sorrow and ends with a positive note on the possibility of ending suffering through self-realization.

Arjuna like any other human being is prone to the emotion of sorrow in the face of difficulties. He was overwhelmed with sorrow as he contemplated upon the prospect of slaying his own relations to achieve victory in the battle field, despite the fact that he was being assisted in his actions by God Himself in the incarnation of Lord Krishna. A warrior like Arjuna, with God Himself by his side as a charioteer, was unable to deal with his suffering and face his enemies. Imagine the plight of ordinary men and women when they have to take difficult decisions that may often conflict with their long held opinions, morals and values or involve a radical change in their very life styles.

According to the Bhagavadgita human suffering is real, but not permanent. It is caused by faulty thinking, perspectives, beliefs and attitudes. It depends upon the way we perceive things and react to them. The solution to the problem of suffering lies in our understanding of its underlying causes and resolving them effectively through inner transformation. The Bhagavadgita identifies the following causes of human suffering, by dealing with which we can effectively contain our suffering. These causes are still relevant in modern society and they are still effective in making people unhappy in their lives with something or the other. If we look at the world, we realize that a great majority of us suffer, not because we are rich or poor but because we are programmed to suffer by our own thoughts, desires and actions.

## Mistaken Identity

Most of us identify ourselves with what we see, what we feel and experience. We are what we believe ourselves to be. We believe that we are the body and the mind, that we are subject to the process of births and deaths, that we have relations and we are defined by how we look, what we possess and what we can or cannot do. When we believe that we are physical and mental beings, we suffer from many fears and anxieties. When we identify ourselves with unstable and impermanent things, things which are by themselves are subject to death and decay, we cannot live in comfort with that feeling of vulnerability. It is like we are dealing with two poisonous snakes at the same time in the middle of a hostile forest or sailing in a leaking boat in the face of a severe storm. Arjuna believed himself to be a human being, someone with a body and mind and identified himself with his physical self. He believed everyone else also to be the same, mere physical beings, subject to death and decay. He was concerned that his actions would lead to their destruction. Lord Krishna had to explain to him that he was not mere body and mind or the physical self, but true self, who was not subject to death and injury and who was eternal, stable, self-existent and without qualities.

If we look at what is happening today in the world, we realize that we are increasingly identifying ourselves with our physical and mental personalities. We are defined by how we look and what we do with our bodies. Every where we see a great concern about our physical health and looks. Our main concerns are whether we are doing exercises, keeping our bodies in shape, eating proper food, attractive enough to the opposite sex and so on. In the US there is a clear and unwritten



bias against age in recruitment, as if looking old is a great sin and old people cannot compete with youngsters in knowledge and wisdom. So many people, as they reach middle age, begin to worry. This tendency is so predominant in the western society (rest of the world is catching up too) that we have begun to use yoga for our physical well being rather than for our spiritual alignment. The yoga teachers are no more the glum looking bearded sadhus, but attractive men and women in skimpy clothes more interested in showing off their bodies rather than the techniques. Socrates with his unattractive physical body and bald head might have found himself unwanted and unsuitable for a teaching job in an American university!

It is not that we should not think about our physical health. It is the way we are prioritizing things based on our short term goals and narrow minded thinking and degrading ourselves as mere physical beings. We should pay adequate attention to our physical wellness, but at the same time also to that which resides within our bodies, which is permanent, stable and by identifying ourselves with which we can seek the permanence, peace, inner harmony and fearlessness that are strikingly missing in our society today. If we identify ourselves with our physical bodies we suffer from the fear of death, aging and loss of things. If we consider ourselves as spiritual entities, we learn to age gracefully, accept life as it comes and prepare ourselves for the inevitable with a vision and attitude that go beyond our physical concerns and this particular existence.

## Attachment and involvement

Arjuna suffered because he developed

in our consciousness and behavior. We are attached to things and events from the time we are born and as we grow we become attached to more and more things. Our first attachment is with ourselves, what we are, what we have, what we think and what we do. Our likes and dislikes, our opinions, our decisions, our actions and reactions, our dreams and desires, our fears and concerns stem from our attachments. When we are attached to things, we cannot think clearly and we cannot view things clearly. Many vices like greed, anger, selfishness, pride, envy arise out of our desires and our desires in turn arise out of our attachment to things.

There are two aspects in our personality, the outer aspect, which is attached to things in our lives, and the inner aspect which is unattached and therefore completely free. We are familiar with the outer because we experience it every day and identify ourselves with it. The inner self is completely detached and free. We have no clue what it is and what it does. It remains in the background, incognito. In reality there are no two selves in us. There is only one. We do not have split personalities, but one indivisible self. The inner self extends itself as the outer through the senses and becomes attached with the things. In the process it remains extended and involved. It is like someone stretching himself out of a window and becomes so involved with the scenery that he temporarily forgets every thing else. As long as the self remains extended outwardly through the senses, it is subject to the experiences of loss and gain, attachment and detachment, coming into contact or losing contact, which lead to its flitting moments of happiness or unhappiness and a host of other conflicting emotions.

When we think of higher self or the inner self, we believe as if it is something that does not belong to us or outside of us or distant from us. It is not true. In reality there is nothing like inner self. It is the same self that we experience in our waking consciousness. It is the one that experiences the world through the senses when it is attached and without the senses when it becomes completely detached. It is self-knowing. So it does not have to actually depend upon any external source for information. But when it is extended, it becomes outward looking and sense dependent. Self realization is a process of knowing who you truly are by freeing yourself completely from all the baggage that you carry in yourselves. It is also a process of liberation, because you will realize who you are only when you are completely free from all attachments.

Attachment manifests itself in many ways

Source: hinduwebsite.com

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'If Hindus don't maintain Hinduism, who shall save it? If India's own children don't cling to their faith, who shall guard it? Indian alone can save India, and India and Hinduism are one.'





2017

# INDIA ASSOCIATION OF LONG ISLAND 22nd Annual Diwali Food Drive

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contd from Page 3

## House Republicans...

The Tax Cuts and Jobs Act, which is subject to change and faces lingering questions of how it will be paid for, would cut the corporate tax rate to 20 percent from 35 percent, while eliminating the estate tax after six years.

CNN Money has published a rundown of key provisions that would affect individuals in an article What's in the House tax bill for people by Jeanne Sahadi. Here is the published report

**Here's a rundown of key provisions that would affect individuals:**

**Reduces income tax brackets:** There are seven federal income tax brackets in today's code that are taxed at 10%, 15%, 25%, 28%, 33%, 35% and 39.6%.

The House bill consolidates those into four brackets:

12% (on the first \$45,000 of taxable income for individuals; \$90,000 for married couples filing jointly)

25% (starts at \$45,000 for individuals; \$90,000 for married couples)

35% (starts at \$200,000 for individuals; \$260,000 for married couples)

39.6% (starts at \$500,000 for individuals; \$1 million for married couples)

**Nearly doubles the standard deduction:** The bill raises today's standard deduction for singles to \$12,000 from \$6,350 currently; and it raises it for married couples filing jointly to \$24,000 from \$12,700.

**Eliminates personal exemptions:** Today you're allowed to claim a \$4,050 personal exemption for yourself, your spouse and each of your dependents. The House bill eliminates that option.

For families with three or more kids, that could mute if not negate any tax relief they might enjoy as a result of other provisions in the bill.

**Expands child tax credit:** The bill would increase the child tax credit to \$1,600, up from

\$1,000, for any child under 17.

But that \$600 increase won't be available to the lowest-income families if they don't end up owing federal income taxes. That's because unlike the first \$1,000, the extra \$600 won't be refundable. Refundable means that if your federal income tax bill is zero, you get a check from the government because of the credit.

The bill would let more people claim the child tax credit. The income level where the credit starts to be phased out would increase to \$115,000 for single parents, up from \$75,000 today, and to \$230,000 for married parents, up from \$110,000.

**Creates two new family credits:** The bill would create two different \$300 tax credits, but they would be in effect only for five years and would not be refundable.

The first would be for nonchild dependents - for instance, any son or daughter over 17 whom you're supporting, an ailing elderly mother or an adult child with a disability. The second is a credit for each spouse if they file jointly (or, in the case of single parents, the head of household).

So, a family of four -- two parents, a 12-year-old daughter and an 18-year-old son -- could reduce their tax bill by \$2,500, said Elaine Maag, a senior research associate at the Urban Institute. They would claim the \$1,600 child tax credit for the daughter; the \$300 nonchild dependent credit for the son and a \$300 credit for each parent.

The income thresholds governing these two new credits are the same as for the child tax credit.

## New York attacker is a...

The charges are one count of violence and destruction of motor vehicles causing the deaths of eight persons and one count of providing material support and resources to a foreign terrorist organization - Islamic State.

The maximum penalty for the first is death; the maximum for the second life in prison, Kim

said.

Dzhokhar Tsarnaev, the surviving member of a pair of ethnic Chechen brothers who killed three people and injured more than 260 when they bombed the 2013 Boston Marathon in an attack inspired by the Al-Qaida militant group, was sentenced to death in 2015. He is the only inmate among the 61 people on federal death row convicted for an act charged as terrorism.

Saipov's charging document said he waived his rights to remain silent, avoid self-incrimination and have an attorney present when he agreed to speak to investigators from his bed at Bellevue Hospital Center in Manhattan, where he was being treated after being shot by a police officer.

It said he was particularly motivated by a video where Abu Bakr al-Baghdadi, the leader of Islamic State, exhorted Muslims in the United States and elsewhere to support the group's cause.

Details that emerged at his initial court appearance Wednesday paint a picture of a man who was so devoted to ISIS, he wanted to display the terror group's flag in his hospital room, documents show.

Saipov planned even more carnage after the deadly attack in Lower Manhattan, according to a criminal complaint. The 29-year-old Uzbek native planned to continue striking pedestrians on the Brooklyn Bridge on Tuesday, he told investigators, according to a criminal complaint.

Instead, he crashed his truck into a school bus in Lower Manhattan and then jumped out, brandishing imitation firearms, officials said. New York police Officer Ryan Nash fired nine shots at him, wounding him in the abdomen, before police took him into custody.

Saipov picked Halloween to carry out the deadliest attack in New York since 9/11 because he believed more people would be out on the streets for the holiday, according to the criminal complaint. More than a dozen people were also injured Tuesday.

Saipov had about 90 videos and 3,800 images on a cell phone featuring ISIS propaganda, including video of a beheading, according to the complaint.

## Powell is Trump's Pick...

Trump said with Powell standing to his right and the prospective chairman's family nearby. The president said the Fed requires "strong, sound and steady leadership" and Powell "will provide exactly that type of leadership."

"He's strong, he's committed and he's smart, and if he is confirmed by the Senate, Jay will put his considerable talents and experience to work leading our nation's independent central bank," Trump added.

Powell led a diverse field of potential nominees that included former Governor Kevin Warsh, Stanford economist John Taylor, chief Trump economic advisor Gary Cohn and Yellen herself.

Yellen is "a wonderful woman who's done a terrific job," Trump said. "We have been working together for 10 months and she is absolutely a spectacular person. Janet, thank you very much. We appreciate it."

"I'm both honored and humbled by this opportunity to serve our great country," Powell said. "If I am confirmed by the Senate, I will do everything within my power to achieve our congressional assigned goals of stable prices and maximum employment."

contd from Page 17

## The Classical Music...

improvisational genius and musical intuition to pay tribute to pioneering musicians and composers on opposite sides of the world - those artists who first established the longstanding relationship between jazz and India's classical music.

Shankar Mahadevan, superstar Bollywood

vocalist and music composer, whose trio of Shankar-Ehsaan-Loy is behind hits like 'Senorita' and 'Kajra Re', says reinvention is the key to their longevity. "We have given many compositions which later became the trend in the industry. When we compose music, we always try to bring some new flavor in it. Sometimes, we re-invent ourselves from our existing compositions and that gives us immense confidence to churn out hit music. It's always exciting to create something which is not done before," said Mahadevan.

Whether you love jazz or world music (or both), you won't want to miss the musical fireworks! Tickets to see Zakir Hussain and Dave Holland on Sunday, November 5, 2017 7:00 PM are available at NJPAC.org or 888.GO.NJPAC (888.466.5722) or by visiting the NJPAC Box Office.

(Mabel Pais is a freelance writer. She writes on The Arts and Entertainment, Social Issues, Health and Wellness, and Spirituality).

## Matto Center for India...

The endowment includes the \$1.25 million Nirmal K. and Augustina Mattoo Chair in Classical Indic Humanities; \$250,000 gift by Drs. Yashpal and Urmilsh Arya for the Arya India Studies Library; three \$150,000 gifts, by Sreedhar Menon, by Deepak and Neera Raj, and by an anonymous donor; three \$100,000 endowments, by Dr. Krishna Gujavarty for an annual seminar on leadership and values; by Sudesh and Sudha Mukhi for courses and performances in Vedic studies and music; and by S.N. and Kamal Sridhar for teaching and research support; a lecture series by Drs. Rajesh and Sonali Kakani, and major gifts, by Dr. Vijay Arya, Dr. Rishimani Adumelli, Dr. Nungavaram Ramamurthy, and Dr. Latha and Mr. Prem Chandran, as well as many others.

The Center also led an international faculty search, culminating in the appointment of Prof. Arindam Chakrabarti, an eminent authority on Indian philosophy from the University of Hawaii at Manoa, as the inaugural holder of the Mattoo Chair in Classical Indic Humanities. Professor Chakrabarti, and his wife Professor Vrinda Dalmia, a well-known scholar of feminist epistemology, will join Stony Brook in 2018.

Congratulating the Indian American community, Dr. Sacha Kopp, Dean of the College of Arts and Sciences, said that a public university "has the responsibility not only to serve the public through education but to give back to the public in the form of knowledge and sharing and fostering community and culture."

Dr. Samuel L. Stanley, Jr., President of Stony Brook university praised the Indian American community for their tireless efforts in building the Center and the generosity that has helped secure the Center's financial future.

Professor Sridhar, said, that the Center has made vital contributions to the university by expanding its intellectual horizons, to the students by giving them a global perspective and tools to compete in the global marketplace, and the community by enriching its cultural ambience. Furthermore, he noted, the Center helps Americans appreciate Indian Americans, the successful and increasingly influence 1%. He called the Center "a symbol of our generation's gratitude to our home country that gave us the tools to succeed, and to our adopted home country that gave us the opportunities to succeed, and our legacy to the coming generations." It is a symbol of our shared values and commitment to public education, he said. Looking to the future, he said the next goal would be to expand India studies at the graduate level and build the Center as a powerful think tank on Indian perspectives. To mark the occasion, the Center brought a colorful journal presenting the evolution of the Center and its multifarious accomplishments.

Contact: Professor S.N. Sridhar, Director, Mattoo Center for India Studies, East 5350, Melville Library, Stony Brook, NY 11794-3386. s.sridhar@stonybrook.edu Phone (631) 327-1318.

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# HAMPI, THE TEMPLE TOWN

**H**ampi is a village and temple town recognised as a UNESCO World Heritage Site, listed as the Group of Monuments at Hampi. In northern Karnataka, India. It was one of the richest and largest cities in the world during its prime. It is located within the ruins of the city of Vijayanagara, the former capital of the Vijayanagara Empire.

Hampi is a place like no other and so are the activities that you can indulge in when here. Test yourself at bouldering over the hills, ride a bicycle all across the village, row a coracle in the calm waters of River Tungabhadra, spot some Indian sloth bears or get blessed by an elephant—Hampi has a lot to keep you busy. Watching a sundowner across its famous temple ruins is, of course, a delight.

## BOULDERING

Hampi is a boulderers' heaven. With its endless trails of boulder hills and right terrain, it has emerged as the country's hotspot for anyone with a love for the sport. While the more experienced ones can get bouldering and rock climbing equipment from one of the many stores and travel operators in the village, newbies can learn sport tactics with experts who often camp by the boulders. A closely-guarded secret, bouldering in Hampi came into spotlight with Pilgrimage, the much acclaimed climbing movie by Chris Sharma, Katie Brown and Nate Gold; climbers from all over the world made Hampi a favourite soon after its release. You would know the lure of those flat, looming boulders once you set eyes on them. A must-do in Hampi.

## BEAR WATCHING

Wildlife lovers can head off the Daroji Sloth Bear Sanctuary for jungle safaris. The sanctuary is some 20 km away from Hampi and doubles up as a conservation centre for the Indian sloth bear. Perfect to escape to from the more touristy lanes of Hampi, it is quite offbeat and houses more than 100 sloth bears, 90 bird species and an impressive variety of butterflies as well. You can either drive across the sanctuary or sit in the watch tower with a pair of binoculars and picnic lunch. Great place for kids.

## GET BLESSED BY AN ELEPHANT

This one would never lose its charm! Lakshmi, the temple elephant at Virupaksha Temple, blesses visitors early in the morning with a gentle touch of her trunk. Anyone looking for a greater adrenalin rush should get into the river when she is in for a bath; a gentle shower from her awaits everyone who is eager enough to go near. Those not in a mood to get drenched can stay at the banks and watch the ritual-like bathing ceremony when Lakshmi splashes in the water, eagerly listening to her mahout's calls.

## BICYCLE TOURS

If there is one thing that you must do in Hampi, it is to get a bicycle and roam around the ruins and this sleepy village at a pace that keeps you discovering its beauty. Hampi is not a place to strike off from your wishlist in a rush; so let it work its magic on you—slowly. A number of bicycle rental points are in the lane that houses Virupaksha Temple; you can get one for around INR 500 as security deposit and INR 50 as bicycle rent for a day. You would be required to provide an ID card as well. Take ample pit stops in the artsy cafes and restaurants, in the temple ruins and street markets, say hello to locals, wave at fisherman—enjoy Hampi in a way that it deserves.



## CORACLE HOPPING

A walk by riverside is passe when you can go right in the middle of one in coracles, the

coolest designed boats ever. Crossing River Tungabhadra to reach Anegundi, the hippie side of Hampi and back, becomes all the more

inviting when you wade across it in a coracle. Watch a brilliant sunset, visit the drum circle and other live music sessions on the other side, photograph the Hampi ruins that look all the more fascinating from across the river or just enjoy some calm, away from the touristy clamour of the village in one.

## VIRUPAKSHA TEMPLE

Dedicated to Lord Virupaksha, the main deity of the Vijayanagara rulers, the temple is an important pilgrimage centre and one of the main attractions of Hampi. Also known as Pampapati Temple, it has a 50-metre high tower at the entrance and displays beautiful architecture throughout. The miniature paintings on the ceilings make your visit worthwhile. Built in the beginning of the 7th century, it is one of the oldest functioning temples in India. The temple received a major overhaul and renovation at the beginning of the 19th century.

## VITTALA TEMPLE

Dedicated to Lord Vittala, a form of Lord Vishnu, the temple was built in the 15th century. It is an exemplary symbol of the Vijayanagara style of art and architecture and one of the top attractions of Hampi. No words can describe the magnificence of the hundred pillared pavilion or mandapa that lies in the south-west part of the temple. The sculptures that adorn the eastern and northern gateways are also splendid. The composite pillars of the 'sabha mandapa' are massive and when tapped gently produce musical notes. The temple complex houses a number of important monuments including the famous stone chariot.

## STONE CHARIOT

Considered as the most popular attraction of Hampi, this architectural marvel is located within the Vittala Temple complex. It is actually a shrine built in the form of a chariot and rests on a platform that is about a feet high. The shrine is dedicated to Garuda who is the carrier of Lord Vishnu. This stunning piece of architecture is among the three famous stone chariots in India, others being Konark (Odisha) and Mahabalipuram (Tamil Nadu). The carvings and sheer beauty of this structure make it a 'must-visit' attraction of Hampi.

## UGRA NARASIMHA SWAMY STATUE

This is the largest statue in Hampi and depicts Lord Narasimha in a terrifying or angry form. Narasimha which means half-man and half-lion is one of the ten incarnations of Lord Vishnu. This monolithic structure, which is 6.7 m in height, has the lord sitting cross-legged position on the coil of a giant seven-headed snake Adishesha. Originally the statue also had Goddess Lakshmi sitting on lord's lap, but according to history it was vandalised and damaged in the year 1565. The statue of Goddess Lakshmi can now be seen in Kamalapura Museum.

## SASIVEKALU GANESHA

Yet another magnificent monolithic sculpture, this statue of Lord Ganesha is around 8 feet tall and is kept in an open pavilion. It is said that the stomach of the deity resembles the shape of a mustard seed and hence the name as 'sasivekalu' means mustard seed in Kannada. The lower left hand and the trunk of the statue are broken, and the stomach of the statue of the deity is tied with a snake. Legend has it that Lord Ganesha ate too much and hence tied a snake around His belly to prevent it from bursting! The statue is located in the southern part of Hemakuta Hill, not too far from Kadalekalu Ganesha Temple.



# INDIA WIN 1ST T20 BY 53 RUNS TO BREAK NEW ZEALAND JINX

**NEW DELHI (TIP):** India finally tasted success against the team that has been their Achilles heel for long in this format when they outplayed butter-fingered New Zealand by 53 runs in the first Twenty20 International here on November 1 night.

At the end of the lopsided game that was also veteran seamer Ashish Nehra's last in competitive cricket, hosts India sauntered to a 1-0 lead in the three-match series.

Fittingly, Delhi players Virat Kohli and Shikhar Dhawan carried Nehra on their shoulders after the win.

This was India's first win against the Kiwis in six T20 outings. New Zealand innings ended at 149 for eight.

The game was marked by openers Shikhar Dhawan and Rohit Sharma's blazing half-centuries, during which they produced an Indian record of 158-run partnership to power the team to a formidable 202 for three, and Nehra's last waltz, of course.

And, any attempt to decorate with superlatives Hardik Pandya's catch to dismiss Martin Guptill, would be an understatement.

When India batted, both Dhawan and Sharma were dismissed after scoring 80 runs, before skipper Virat Kohli (26 not out off 11 balls) and Mahendra Singh Dhoni (7 not out) guided India past 200 with their power hitting.

Set a daunting target of 203 in the allotted 20 overs, New Zealand were off to a poor start as they lost Guptill in the second over.

It was a stunner from Pandya, who sprinted from long-off into what looked like a no man's land and pulled off the unbelievable catch with a full-length dive and outstretched hands, and a slide that continued for a while even after the ball was in his safe hands.

Starting the proceedings for India with the ball, Nehra came close to picking up a wicket



Ashish Nehra is presented with a memento on the occasion of his final international match, India v New Zealand, 1st T20I, Delhi.

in his farewell game, but Pandya could not latch on to this one after making a valiant attempt running backwards from cover.

Eventually, Nehra, also bowling the day's final over, returned respectable figures of none for 29 in his four-over spell. Not able to control his emotion, an excited fan of his entered the ground to touch Nehra's feet.

Leg-spinner Yuzvendra Chahal and left-arm spinner Axar Patel finished with two wickets apiece.

Earlier, Dhawan and Sharma struck scintillating half-centuries during a record partnership to power India.

This is India's biggest partnership for any wicket, eclipsing the previous best of 138

held by Kohli and Sharma, against South Africa in 2015.

Invited to bat after the coin landed in New Zealand skipper Kane Williamson's favour, India were off to a brisk start and upped the tempo as overs passed by in veteran seamer Ashish Nehra's final competitive game.

Source: PTI

## Srikanth achieves World No. 2 ranking

**NEW DELHI (TIP):** India ace Kidambi Srikanth was rewarded for his sensational run this season as he grabbed a career-best ranking of World No. 2 after jumping two places in the latest BWF ranking released today.

Srikanth, who reached five finals and clinched four titles this year so far, now has 73,403 points, 4527 point away from World Champion Viktor Axelsen of Denmark, who heads the ranking list.

The 25-year-old from Guntur, who had clinched back-to-back titles at Indonesia and Australia and then at Denmark and France, will have a chance to topple the Dane shuttler with some good show in the upcoming events at China and Hong Kong.

US Open Grand Prix Gold winner H S Prannoy, who had reached the semifinals at Paris, also improved a place to reach a career-best ranking of World No. 11.

Singapore Open champion B Sai Praneeth, however, dropped a place to be at the 16th spot, while Sameer Verma, who had skipped the events at Denmark and France due to fitness issues, is steady at the 18th place.

In women's singles, P V Sindhu, who also reached the semifinals at France, was static at World No. 2, while former World No. 1 Saina Nehwal was also steady at the 11th spot.

Young men's doubles pair of Satwiksairaj Rankireddy and Chirag Shetty, who entered the quarterfinals last week after beating the



World No. 6 combo of Mads Pieler Kolding and Mads Conrad-Petersen, improved four spots to be at the 28th place.

Women's doubles pair of Ashwini Ponnappa

and N Sikki Reddy slipped two places to be at the 25th spot, while mixed doubles combo of Pranaav Jerry Chopra and Sikki were steady at the 16th place.

Source: PTI

## RAFAEL NADAL SECURES WORLD NO.1 UNTIL END OF YEAR

**PARIS (TIP):** Spanish tennis star Rafael Nadal got the better of South Korean Hyeon Chung 7-5, 6-4 to advance into the Paris Masters third round.

With the win here on Wednesday evening, Nadal secures the ATP ranking's top spot until the end of the year for the first time since 2013.

Nadal's top ranking comes after his main rival, Swiss Roger Federer, pulled out of this year's last Masters event, reports Efe news agency.

The 31-year-old Nadal became the oldest player to top the rankings in its 44-year history. "I'm very, very happy for everything. It has been an amazing year. One year ago, for sure I never dreamed about being World No. 1 again... It's something that means a lot to me. But the season is not over," Nadal said on-court.

Both players exchanged breaks early in the first set, but Nadal managed to carve out a 4-2 lead. While serving for the set, the 21-year-old Chung, ranked world number 55, broke Nadal's service again, only to make Nadal sweat a little more before the Spaniard clinched the set.

The 16-time Grand Slam champion put pressure on Chung's serve as the second set wore on, earning a break in the ninth game, which proved to be decisive. Source: IANS





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